

# HOPEWELL COMPASS POINTS

SPRING 2015 NEWS FOR FAMILY & FRIENDS

## A Family's Story

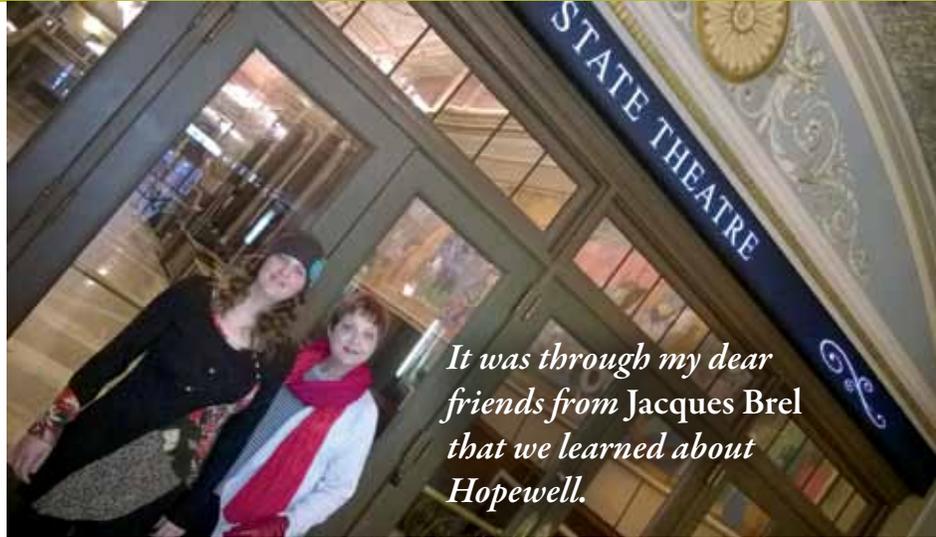
By Theresa Piteo Trela

My daughter, Liza, is a resident at Hopewell for a second time. I want to tell you our family's story.

My husband, Richard, and I have two daughters. We have always been a close-knit family. We thought life was challenging when Richard lost his job in 2008 and in 2009 when he was diagnosed with cancer. No matter how we have been tested, we have remained strong. But in July 2010, we thought we were fighting for our lives. Liza, our beautiful, gifted oldest daughter, was facing court-ordered confinement in a state mental hospital/ criminally insane facility. Her crime? She is dealing with schizophrenia with paranoid delusions.

Liza could no longer be treated at a short-term crisis management facility because her medication could not be administered there. Her psychiatrist believed he had exhausted all options. We were convinced Liza would be lost to us forever if the state had its way. We intended to fight for her, and we did. The court allowed Liza to be placed with us for a period of six months. If she needed to be hospitalized again during that period, she would be taken directly to the state hospital by the police. **We felt we were losing Liza not only to paranoid schizophrenia, but also to a mental health system that would incarcerate her.**

At that point, I was saddened by the death of Providence Hollander, a friend and fellow cast member of *Jacques Brel Is Alive and Well* and *Living in Paris*. We had been part of the aspirations of a great city and part of a coalition of people who helped begin the Renaissance of Cleveland's Playhouse Square in 1973. It was through my dear friends from *Jacques Brel* that we learned about Hopewell.



*It was through my dear friends from Jacques Brel that we learned about Hopewell.*

**Hopewell eased the clutter in Liza's mind and affirmed her worth through the dignity of expectations and consequences.** Through its focus on community, Hopewell provided structure, compassion and opportunity. Its unique setting reset Liza's circadian rhythms. The sun, sky and light are so important for those whose minds are darkened by their illness and dampened by their medicine.

In the spring of 2012, we brought Liza home to Texas. Soon we began to lose her again. But Liza had learned important coping skills at Hopewell. She phoned her Hopewell clinician, Candace Carlton, who immediately talked with Rick Karges. There was no hesitation. Liza was asked to come back.

Liza later told a new resident that she woke up one morning and *knew* she had to go back to Hopewell. There are volumes of hope in that assertion, and none of that hope is misplaced. In *Jacques Brel*, I sang about a hope that believed "If we only have love...." At Hopewell, love and hope abide.

We talk to Liza twice each day. When the conversation devolves into the madness with which she struggles, she can deploy her hard-won and evolving coping skills to push back against that darkness. **Liza is only able to remain at Hopewell because of a reduced fee arrangement. Make no mistake; donations to Hopewell really do save lives.** Our family is so blessed.



# Celebrate, Appreciate and Continue Our Mission



Hopewell is celebrating the 15th Anniversary of Summer Solstice this year. Everyone associated with this “very special place” can take great pride in being a part of its remarkable history. Residents and their families are especially grateful for the help they have received during their stays at Hopewell. As a result of Hopewell’s unique model of care, our residents have experienced significant improvements and opportunities leading to meaningful and positive changes.

Our outcomes studies continue to verify this. Everyone associated with Hopewell, from our visionary founder, Clara Rankin, to our Board, staff, volunteers, stakeholders and friends, has played a vital role in contributing to Hopewell’s continued growth and success.

While “The Hopewell Model” has proven to be highly effective in serving individuals seeking to manage and ultimately “recover” from their serious mental and emotional difficulties, there is much more work to be done.

We believe that a holistic mind-body-spirit approach, combined with a safe therapeutic environment, peaceful natural surroundings, meaningful work and a supportive, respectful community milieu, is an approach worthy of replication and an example of providing “mental health care the way it should be.”

Your ongoing interest and support are not only appreciated, but even more importantly have generated opportunities for many others to experience sustained success through their participation in Hopewell’s vibrant therapeutic community.

Thank you!

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## COMPASSPOINTS

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## NAMI HONORS CLARA T. RANKIN

On April 27, 2015, Hopewell Founder Clara T. Rankin received a Lifetime Achievement Award from the National Alliance on Mental Illness (NAMI) Greater Cleveland Chapter. Her award was presented at the chapter’s Annual Meeting at Windows on the River by Executive Director Michael Baskin and Board President Christine Young. She also received a proclamation from U.S. Senator Sherrod Brown, keynote speaker at the luncheon.

Mrs. Rankin received a standing ovation as she approached the stage to accept her award. Joining with her at the luncheon were members of Hopewell’s Board of Directors and Council of Advisors, Executive Director/CEO Rick Karges and other staff.

# 15th Anniversary Summer Solstice Auction

## We have a winner!

### HOB KNOB GET-A-WAY



A short walk from Edgartown and the beach, Hob Knob has been a sought-after hotel destination for generations of sophisticated travelers. This transformed 19th century Gothic Revival home is Martha's Vineyard only eco-chic luxury boutique hotel. Indulge yourself at The Rejuvenation Spa or relax on a sunset cruise on the private 27 Boston Whaler. Your two-night stay includes their farm-to-table breakfast and afternoon tea service.

Enjoy meals at the Atlantic Fish and ChopHouse, The Terrace and Martha's Vineyard's Chowder Co. *Thanks to Hob Knob, the Atlantic Fish and ChopHouse, The Terrace at The Charlotte Inn and Martha's Vineyard Chowder Co.*

### CWC NECKLACE – EXCLUSIVE TO HOPEWELL

Start your Clara Williams Company collection with this elegant piece exclusive to



Hopewell. The piece will be unveiled at Summer Solstice. In celebration of 15 years of Hopewell's Summer Solstice, enjoy 15% off any purchase that includes a Hope tag through mid-July. *Thanks to Clara Williams Company.*

### OTHER ITEMS OF INTEREST INCLUDE:

- Baccarat glassware
- Sand Ridge golf and cottage stay
- Ellicottville condo stay
- Case of Grgich Hills Estate 2005 Cabernet Sauvignon
- Clara Rankin's Blue Hat Picks – her top 15 favorite silent auction items
- A Schubert grand piano
- Hungry Bee dinner for six
- Cavs tickets and memorabilia
- Unique items from Sycamore Farm, the former Rankin Estate in Hunting Valley
- Lynch Design floral class for six

### CHAGRIN FALLS FIRE DEPARTMENT BREAKFAST AND TOUR

Stop, drop and roll your way in for breakfast with Chagrin Falls' finest. Enjoy a hearty breakfast for up to eight



people, prepared by the men and women of the Chagrin Falls Fire Department. This package also features an unforgettable tour of the fire station. *Many thanks to Fire Chief Frank Zupan and the Chagrin Falls Fire Department.*

### MINI PHOTO MEMOIR



Give the gift of a lifetime! Honor your family's legacy with photos and stories in this mini-memoir. Ideal for honoring a special

anniversary or milestone birthday, this package will capture the essence of your loved ones and preserve your stories for generations to come. Choose up to 50 photos to inspire your story, and describe each one during your two-hour session with personal historian Sarah Kappus Peck. This package includes an interview session, scanning, writing, editing, book design and a full-colored hardbound coffee table-style book. Choose either an 8" x 8" or 8" x 12" format. *Thanks to Yourstory Catcher – Sarah Kappus Peck, MSS.*



### HOPEWELL'S FUND-A-NEED

Families like the Trela Family benefit from a reduced fee arrangement because of Hopewell's generous donors. This year's Fund-A-Need portion of the Summer Solstice program will focus on raising much-needed funds for fee assistance. In 2014, Hopewell awarded more than \$1 million in fee support to resident families.

We hope you will raise your paddle high this year during Fund-A-Need. If you are not able to attend Summer Solstice, you can support our fee assistance program by making a fully tax-deductible donation at [www.hopewell.cc/donate](http://www.hopewell.cc/donate). Please be sure to indicate that your gift is for "Fund-A-Need."

### BACK BY POPULAR DEMAND!

Hopewell will use BidPal's mobile silent auction bidding system to allow Summer Solstice guests to bid anytime and from anywhere!



This year, Hopewell is using BidPal's cellular solution. Please be sure to include your Smartphone cell phone number when you RSVP. On the day of the event, Summer Solstice guests will receive a welcome text (one text per couple) from Hopewell. Simply touch the link and follow the prompts to begin bidding on silent auction items! BidPal kiosks will be available at the event for those who do not have a Smartphone.

# HOPEWELL COMPASSPOINTS

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Hopewell provides an opportunity for adults with serious mental illness to experience a self-reliant and satisfying life through participation in a vibrant residential therapeutic farm community.

## FOLLOW HOPEWELL!

Discover more about our unique program, mental health advocacy and how Hopewell is making a difference today.



Visit the blog at [www.hopewell.cc](http://www.hopewell.cc).



**15<sup>th</sup>**  
ANNIVERSARY  
summer solstice

Please join us  
Friday, June 19th,  
for Hopewell's  
15th Anniversary  
Summer Solstice  
benefit!

### DON'T MISS THIS SPECIAL EVENING!

Please call Hopewell's Development Office at 440.247.0912 or visit [www.hopewell.cc/events](http://www.hopewell.cc/events) to reserve your tickets. A limited number of tickets remain!

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\*This information is current as of May 14, 2015.