

# HOPWELL COMPASS POINTS

WINTER 2019 NEWS FOR FAMILY & FRIENDS

## Creative Energy

Sam Silverman speaks of music and art with enthusiastic energy and profound passion. Sam is called to creativity, whether he is in his studio creating vibrant and unique works of art or at his piano composing music. He shares openly about a time in his life when mental illness became an obstacle to overcome in his quest for his purpose.

Sam grew up in Beachwood and began playing the piano when he was six years old. After high school, he struggled with depression and lost his desire to play the piano and write music. He enrolled at the Eastman School of Music in Rochester but was unable to complete his coursework.

In 2014, his mother discovered Hopewell, and Sam joined the community to learn skills for living with and managing his bipolar disorder. "Hopewell was a turning point for me," Sam says. "Before I went to Hopewell I didn't know I was sick." He recalls how he learned to recognize the symptoms of his

illness and gained insight into his mental health care needs. He remembers a strong sense of community, "having conversations and connecting with people."

Sam enjoyed working on the farm, walking in nature, and being surrounded by friends who shared his struggles. He was often at the piano in Cottage One, playing his music for residents and staff. "I made so many friends at Hopewell," he recalls. When Sam left Hopewell after three months, at the age of 24, he had found a new path forward.

Sam currently attends Cuyahoga Community College. He is engaged in independent study with Richard Holsworth who has taught Sam how to orchestrate and go beyond composing only for the piano. Since leaving Hopewell, Sam has finished 120 piano pieces, filling twenty binders with music, and completed a full-length ballet.



His music has been performed by Cleveland Chamber Symphony and he has entertained at Nighttown Restaurant in Cleveland Heights.

In addition to composing contemporary classical music, Sam experiments in abstract expressionist art. He explains that the vibrant range of colors he uses represent musical

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# Leadership Path

LETTER FROM JIM BENNETT AND DAVE SHUTE

It was clear to us from the day (June 25, 2018) that we became Hopewell's interim leaders that Hopewell is a very special place. The dedication to residents and the spirit of community were palpable, and the staff seemed well organized, collaborative, committed and capable. We soon learned that our first impressions were correct, and discovered a wealth of valuable assets in addition: a powerful healing model, excellent clinical capabilities, strong outcomes for residents, high external regard from those who know us, a solid base of generous donors, and a supportive and engaged Board of Directors.

From this foundation, the entire Hopewell team started to tackle our biggest challenges – building referral relationships, raising our external profile, and updating our strategic plan. These actions were taken with confidence that the need for Hopewell's distinctive model of healing would only increase, and that concerted actions could ensure a bright future for both our mission and our financial stability.

The September 12 meeting of Hopewell's Board was a major milestone on the journey these last six months, as the Directors endorsed the main elements of a new strategic plan and approved construction of a new activity center, a one million dollar project to serve as the physical center of the farm.

Since then, project plans for all elements of the strategic plan have been developed and launched – with an aggressive timetable for completion of more than 20 separate initiatives to move Hopewell



*Dave Shute and Jim Bennett*

forward in 2019. Along the way, the overall fundraising effort substantially exceeded its budgeted goal, contributing importantly to completing 2018 in sound financial condition.

For the two of us, the future is exciting. We were delighted to accept the Board's invitation to remain as Executive Director and Associate Executive Director through 2020. We relish the charge of working with the Board, staff, and our external friends such as you to make sure that Hopewell is on a strong, sustainable path for 2021 and beyond – and for the leader who succeeds us to have great success!

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[www.hopewellcommunity.org](http://www.hopewellcommunity.org)

## OUR MISSION

Hopewell's mission is "to provide an opportunity for adults with mental illness to experience a self-reliant and satisfying life through participation in a vibrant residential therapeutic community."



**DO YOU KNOW A  
FAMILY THAT MAY  
NEED HELP?**

*Ask them to call Hopewell's  
Admissions Team at  
440.426.2009.*

# Hopewell to Construct New Activity Center



This spring, with support from generous philanthropists, Hopewell will break ground on an exciting addition to the farm – a **multipurpose activity center**. This brand-new facility will provide nearly 6,500 square feet of indoor space for Hopewell residents and staff to congregate, exercise and enjoy a wide variety of group recreation and other activities.

The facility is part of a campus-wide master plan originally conceived and designed by **Paul Westlake, Jr.**, principal architect with the internationally-renowned firm of DLR Group/Westlake Reed Leskosky. With Mr. Westlake’s approval, Medina-based architect **Theodore G. Manfrass** was commissioned to design the activity center. **The Mullett Company**, a general contractor based in Newbury, will oversee the building’s construction.

The activity center will be the first new major addition to the Hopewell campus since the dedication of the Sugar House in 2014. Current plans call for a groundbreaking in early Spring 2019, with completion and an official dedication to take place in the autumn.

The building will be dedicated as “**The Richard J. Swadey Activity Center**,” in memory of a longtime resident of Hopewell. The building is largely funded by a charitable remainder trust left by Richard’s father, **Robert J. Swadey**, a native of Cleveland and Chagrin Falls who was the former chairman of Midland Title Security, Inc. Additional lead funding for the Swadey Activity Center comes from

longtime supporter **Suzanne Morgan**, a member of the Hopewell Council of Advisors, and gifts made by **Eaton Corporation** and members of the **Hopewell Board of Directors**.

The Swadey Activity Center will feature:

- A gymnasium floor with a half-court basketball court
- A meeting room with a flexible room partition allowing the room to be divided into two rooms for separate group activities
- A fitness center to include workout equipment
- Restrooms, a utility closet and a small staff office

The new center will replace Hopewell’s existing outdoor basketball court, and will provide year-round facilities for recreation, as well as a dedicated indoor space that can accommodate gatherings of the entire Hopewell community for activities such as music and live performances, movie nights, dances, basketball, volleyball and other athletic and exercise activities.



*A drawing based on the music of  
David Bowie*

*(continued from cover)*

harmonies and the shapes represent rhythms. His unique ability to see sounds and hear shapes and colors, called synesthesia, allows him to invite the viewer into a world of whimsy. Sam utilizes acrylics and Sharpies to create his remarkable works as he listens to music, and acknowledges the musician’s name who inspired him.

Sam is excited to be living independently in his apartment, to own a car, and to have his own art studio space. He speaks of his life after Hopewell with excitement but is also insightful about his responsibility to continue using the skills he

has learned to maintain his stability as he works towards his dreams. Sam participates in NAMI in Cuyahoga County and PLAN at Jewish Family Services Association. He also experiments with an art therapist at Partners for Behavior Health & Wellness. Sam shares that after he left Hopewell he continued “doing things to help myself” and he is an active participant in his recovery. Sam is grateful Hopewell helped him find his place in life and supported him in creating a healthier, healing self so that he may share his creative energy with the world.

# Summer Solstice 2019

On Friday, June 14, Hopewell will celebrate its 19<sup>th</sup> annual **Summer Solstice** benefit. Held outdoors on a lovely Hunting Valley estate, the evening includes cocktails, an extensive upscale silent auction, a three-course seated dinner by **Nosh Creative Catering** under an elegant tent, an exciting live auction and Fund-a-Need, and more. Proceeds from the benefit provide fee assistance to residents and their families who otherwise could not afford care.

The 2019 Steering Committee is hard at work searching for unique silent auction items including antiques, artwork and exclusive experiences locally and nationally. **Please keep Hopewell in mind if you have any items you would like to donate.**

To make auction donations, become a sponsor, buy tickets or to learn more about our event, visit <https://www.hopewellcommunity.org/events/summer-solstice-2019>. Thank you for your support!



## HONORARY AND MEMORIAL GIFTS

NOVEMBER 1, 2018 – JANUARY 31, 2019

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*We apologize for any errors or omissions. Please contact the Development office at 440.247.0912 so that we may correct our records.*



## Dear Friends of Hopewell,

Your responses to the 2018 Annual Fund appeal were overwhelmingly generous. On behalf of Hopewell's Board of Directors, staff – and especially our residents and their families – thank you for your extraordinary support this year. **The 2018 Annual Fund raised a record-breaking total of more than \$262,000.**

Your gifts to the Hopewell Annual Fund allow Hopewell to provide fee assistance to families in need. In other words, they allow us to not only fulfill our mission, but to strengthen it in the best way possible, allowing more people to receive Hopewell's unique model of care.

We wish to thank the individual donors, foundations, businesses – and our own Hopewell Board of Directors, Council of Advisors and staff – for endorsing and generously supporting Hopewell this past year.

Warmly,

Chloe Rankin Seelbach  
President, Board of Directors

## FROM THE WISHING WELL

We appreciate non-monetary gifts-in-kind which enhance our activities and programs. Can you grant one of these wishes?

### HIGHEST PRIORITY NEED

**Lenovo Computers – Available at Special Discount**  
Currently all staff use computers that were donated or handed down from another employee. Some of them are very outdated. Through a partnership with TechSoup, Hopewell has access to great discounts on technology. Your donation of a Lenovo desktop computer will be most appreciated! For more information, please contact Lynn Childers, Chief Financial Officer (lchilders@hopewell.cc or 440.426.2089).

### ON HOPEWELL'S AMAZON WISH LIST

Check out our Amazon Wish List at [www.hopewellcommunity.org/support-us/wishing-well](http://www.hopewellcommunity.org/support-us/wishing-well). Purchases will be shipped directly to the farm. It's quick and convenient!

### MISCELLANEOUS WISHES

- Super Trip tickets to the Cleveland Museum of Natural History and the Great Lakes Science Center
- 2 Vizio 48" TVs for cottages
- Cordless high quality outdoor tools for Hopewell work crews, such as hedge trimmers, leaf blowers, and weed whackers
- A Yamaha acoustic guitar (\$130) and a Phonic Powerpod 780/S715 PA System (\$399) for the Hopewell Band and Experiential Music program. Prices are from MusiciansFriend.com
- Waring 7" Quik Stik 2 speed standard duty immersion blender (\$84 on [webstaurantstore.com](http://webstaurantstore.com))
- Stock trailer (12 feet)
- Magimix 16-cup Food Processor CS5200 XL (\$499 on [williamsonma.com](http://williamsonma.com))

- All-Clad D3 Stainles Steel 8" and 10# fry pan set (\$129 on Amazon.com)
- Walmart gift cards to purchase outdoor seating

Donations of gifts-in-kind are tax deductible to the extent allowed by law. Donors will receive written acknowledgments for their records. For more information, please contact the Development Office ([akatzman@hopewell.cc](mailto:akatzman@hopewell.cc) or 440.247.0912).

### THANK YOU

**Nancy K. Johnson, MD,** for donating a Singer Deluxe Zig Zag Sewing Machine.



# Our Team, Our Passions

Meet **Laura Scarnecchia, LPC, Director of Admissions**, who was hired in 2014 as a clinician after completing a Master of Education in Clinical Mental Health Counseling from Kent State University. Laura is often the first point of contact for families inquiring about Hopewell. The warmth of her personality comes through as she makes residents and their families feel welcome.

“People from all walks of life, ages, cultures, and backgrounds reach out to us. Diverse people work here with a lot of different talents,” Laura says. “Our differences make our program wonderfully inclusive and healing.”

Many residents – especially those from out of state – arrive at Hopewell sight unseen. Some have never been to a farm, and nearly all have not experienced a therapeutic community. Laura works with residents and staff to help them acclimate and maintain relationships with families throughout their loved one’s stay and afterwards. Her training includes EMDR therapy and trauma-informed care, and she carries a clinical caseload.

A “best day” for Laura is truly the culmination of a lot of work. “A family works long and hard with me through the admissions process to determine if we are the best fit for someone they love. When

I tell them that the admission has been approved, that is a great feeling for all of us. It’s an even better feeling when residents arrive at the farm and we see the family’s joy and relief that their loved one is here. It is a gift of my dual professional roles that I am permitted to witness the journey from the first tentative phone call, to the nervousness of the day of admission, to the joyful send-off when a resident leaves for discharge. I work with families from start to finish and it is immensely gratifying.”

Laura coordinates outreach to behavioral health practitioners, hospitals, social workers, discharge planners, and other referral sources. “Building relationships through peer-to-peer outreach is the strongest way to educate mental health professionals about our treatment model and help them determine whether Hopewell is the right option for their clients. These connections also make it easier to set up a



solid foundation of services and support for residents when they leave.”

Professionally, Laura is often involved in intense situations, so to recharge she turns to entirely different pursuits. She works with her horse, Rusty, a wild mustang that she rescued and rehabilitated. An ardent Anglophile, Laura has traveled solo several times to England, where she explores the countryside on long treks.

“I have always had a keen interest in how we tell the stories of our lives,” Laura says. “By counseling residents and working with families, I can see how they reframe that story so it is positive and meaningful.”



## Carol's Next Chapter

**Carol Evans, Hopewell's Human Resources Director**, has been with Hopewell since 2006. Her primary focus has been “taking care” of Hopewell staff and striving to make Hopewell an employer of choice. A passionate proponent of Hopewell’s mission, Carol has assisted the residents with money management, helping them learn how to handle their own funds.

At the end of March, Carol is retiring and is thrilled to have more time to spend with her grandchildren, Dylan, Lexi and Piper. “I can’t even describe the blessings three little two-year-olds have brought to my life. Such joy to have more time to spend with them!”

She and her husband are also going to travel the country in their new camper, with stops at their cabin in the West Virginia mountains where they love to ride four-wheelers, fish, and cook on the fire.

Carol is grateful for her time at Hopewell. She said, “I feel very fortunate to have been part of this community and especially blessed to have worked with this wonderful team of talented, dedicated professionals as we get to make a difference in residents’ lives on a daily basis. Seeing the healing and transformation of residents from arrival to discharge is no small miracle. It is a journey that I will never forget, one that has touched my heart and changed my life. I’m going to miss everyone.”

# ART STUDIO GETS MAKEOVER

With generous grants from the **Veale Foundation** and the **Eric and Jane Nord Family Fund**, Hopewell recently completed a significant renovation of the farm's Art Studio, located in the basement of Cottage Two. The renovation's first phase included the installation of sheetrock, new drop ceilings, electrical work and improved lighting, and plumbing. A second phase saw the installation of new storage cabinetry, a paint booth, sink, painting, and the acquisition of equipment and supplies.

BEFORE



AFTER



One aim of the renovation was to create discrete spaces within the existing art studio for specific art media work. The space now contains much-improved and separate stations for painting, sculpture, pottery, fiber arts, jewelry-making, and other creative arts. Funding was also used to acquire several pottery wheels to complement the program's existing kiln equipment, making it possible to conduct pottery classes involving several residents at a time.

According to Hopewell's art therapist, Mary Cassidy, "The objective of our art therapy program is to provide our residents with purposeful work that instructs, challenges, and provides a safe place for our residents to practice real world skills, including showing up on time, following instructions, working with others, problem solving, and risk-taking."

"Over the past several years, the types of projects selected for our art crew wares have been intentionally chosen based on their therapeutic value – projects that are group oriented, environmentally friendly, skill-focused, and have a practical purpose," Mary said. "Further, the projects for work crews are selected based on alignment with our holistic approach to treatment. It is important that our residents are given the opportunity to connect with the 'why' of creativity, and how it pertains to their personal healing journey, the benefit of our community, and the wider world," Mary said.

## CHANGES AT THE CRAFT MARKET

As a result of this evolving philosophy, and due to limited public traffic, the Hopewell Farm and Craft Market will remain open by appointment only. It will maintain its storefront presence for public access and to serve as an inventory and display space for the farm's wares, including artwork, candles, pottery, textiles, maple syrup, and wood shop products. Hopewell staff and residents will expand the public presence of our art therapy program by participating in several community art and craft shows each year, and providing Hopewell products for sale at regional consignment shops.

In addition, profits made in sales from Hopewell products will be donated to outside mental health organizations and services, which the community (residents and staff) will have an opportunity to submit for consideration and select together.

Mary explained, "The purpose of this is to strengthen our commitment to community as a healing force, and by paying it forward the work we do will go directly to help others who need the support. We believe we can extend the therapeutic value of our work by actively fostering such connections with the wider community."

The community is planning a grand reopening of the Art Studio, and what Mary describes as an "art-activism show" in the fall to give residents a platform to share their personal experiences with mental illness and educate the public on their recovery journeys.

# HOPEWELL COMPASSPOINTS

Hopewell  
9637 State Route 534  
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www.hopewellcommunity.org

Hopewell provides an opportunity for adults with serious mental illness to experience a self-reliant and satisfying life through participation in a vibrant residential therapeutic farm community.

## DISCOVER MORE

about Hopewell's unique program and mental health services

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Twitter: @Hopewellfarm  
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Please join us Friday, June 14th, for Hopewell's 19th Annual Summer Solstice

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