

HOPEWELL COMPASS POINTS

FALL 2019 NEWS FOR FAMILY & FRIENDS

Richard J. Swadey Community Center

A rainy autumn evening didn't deter more than one hundred members of the Hopewell community from coming to the farm on Wednesday, October 16, for the dedication of our newest facility, the **Richard J. Swadey Community Center**.

Centrally located between the resident cottages and the Main House, the Swadey Community Center provides nearly 8,000 square feet of interior facilities for year-round community gatherings and activities, including group therapy, education, exercise, music and other live performances, movie nights, dances, basketball, volleyball, and other sports.

This new facility is part of a campus-wide master plan originally conceived and designed by **Paul Westlake, Jr.**, principal architect with the internationally renowned firm of DLR|Westlake Reed Leskosky.

With Mr. Westlake's design oversight, Medina based architect **Sean Thompson** was retained to design the Community Center. **The Mullett Company**, a general contractor based in Newbury, oversaw the building's construction.

The Community Center was dedicated in memory of **Richard Swadey**, a longtime resident of Hopewell. The building was largely funded by a charitable remainder trust left by Richard's father, **Robert J. Swadey**, a native



*Senator John Eklund, Clara Rankin,
Paul and Suzanne Westlake*

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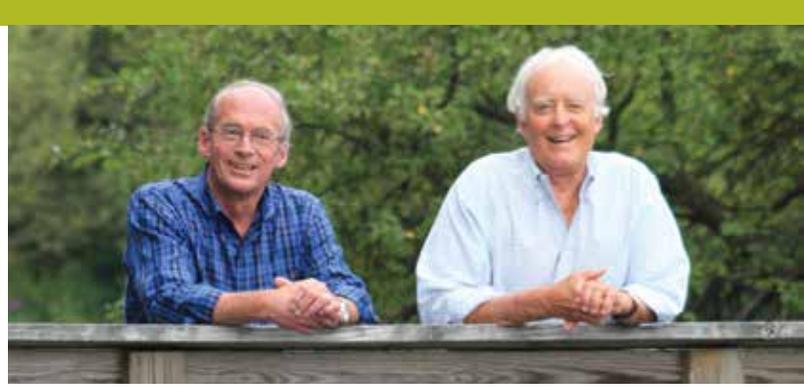


Hopewell Leadership Retreat

On October 4, the Board and Senior Staff spent the day together on a **Hopewell Leadership Retreat** to take stock of the organization's progress in the last year and agree on priorities for 2020. To help ensure an outside perspective, we were joined by Ben Robinson, formerly the President of Rose Hill Center, and now an independent consultant.

The context for the retreat was a productive and successful past year in the design and implementation of the new strategy approved by the Board in September 2018 – but with the ever-present challenge of meeting our census objectives. The session was energizing and productive for our group of 24 and resulted in several important directions for the coming year. First, we will move immediately to **implement a financial assistance program** to broaden access to Hopewell through up to five grants with reductions from normal fees – depending on the family's financial need. Next, we will **further strengthen outreach and marketing** through the addition of a Director of Professional Outreach (part time for a senior position) and Manager of Relationship Development (a new position) and implementing further improvements in Hopewell's website and other electronic communications.

We will also push forward with the **design and implementation of a Transition Services Program**, an added priority in Hopewell's strategic plan and especially important in better serving some of our residents who remain in Northeast Ohio after discharge. We will pursue the next phase of a project to **potentially add Obsessive**



Dave Shute and Jim Bennett

Compulsive Disorder (OCD) as a new primary diagnosis for admission and treatment at Hopewell. The initial assessment by one of the county's leading practitioners – Dr. Charles Brady, Director of the Lindner Center's Anxiety & OCD Program – suggests that OCD is compatible with our current therapeutic methodologies, our farm setting, and length of stay characteristics.

Finally, directors and staff alike reinforced our commitment to accomplish these initiatives with **responsible and conservative operating capital and cash flow budgets** for 2020. Staff will be working together with the Finance Committee over the coming weeks, aiming for approval at the early December meeting of the full Board.

In short, the Leadership Retreat along with the dedication of the Richard J. Swadey Community Center and the 9th Annual David M. Cutler Conservatory Exploring Mental Health Series at WVIZ/ideastream® made for an energizing and exciting Fall for Hopewell.



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COMPASS POINTS

IS A QUARTERLY PUBLICATION FOR THE FRIENDS AND DONORS OF HOPEWELL.

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www.hopewellcommunity.org

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Hopewell is a registered AmazonSmile organization. This is a simple and automatic way for you to support Hopewell every time you shop on-line. Simply visit smile.amazon.com and choose "Hopewell Inn" as your charity. The AmazonSmile Foundation will donate .5% of the purchase price from your eligible AmazonSmile purchases. Happy shopping this holiday season!





Dear Friend of Hopewell,

By now, you have received our year-end Annual Fund appeal. If you have made a contribution, thank you. Your support helps nourish the spirits and heal the minds of Hopewell residents. If you are considering making a gift, visit us at www.hopewellcommunity.org/support-us/donate to make a secure gift online or call 440.247.0912 with a credit card.

Your donation allows Hopewell to provide fee assistance to a majority of our residents' families who otherwise would not be able to take advantage of our proven holistic healing model of mental health care.

Our board, staff, residents and their families deeply appreciate your generosity. Thank you for investing in the healing power of nature, community and meaningful work.

NEW DONATIONS AND INCREASES TO YOUR PREVIOUS GIFT WILL BE MATCHED BY AN ANONYMOUS DONOR.

Richard J. Swadey Community Center (continued from cover)

of Cleveland who was the former chairman of Midland Title Security, Inc. Additional lead funding for the Swadey Community Center came from longtime supporter **Suzanne Morgan**, a member of the Hopewell Council of Advisors, and gifts made by **Eaton Corporation** and members of the **Hopewell Board of Directors**.

The dedication was a community-wide event, attracting Hopewell board and staff members, residents, and supporters. Hopewell board chair **Chloe Rankin Seelbach** served as



Candace Carlton and Lynn Gatti

Master of Ceremonies, and the evening featured remarks from Hopewell executive director **Jim Bennett**. Special guests included **Ohio State Senator John Eklund** of the 18th District, who provided a proclamation from the Ohio Senate. Senator Eklund emphasized the importance of the work Hopewell does to help people with serious mental illness.

Also in attendance were several local members of the Swadey family, led by Richard's aunt **Mary Ann Szadkowski**, who unveiled the dedication plaque along with Hopewell founder **Clara T. Rankin**. Another representative of the family, **Lynn Gatti**, delivered remarks prepared by Richard's sister, **Jeannie Langdon**.

The dedication was catered by **Warren's Spirited Kitchen** of Burton. Guests lined up outdoors despite the rain to sample ice cream from the **King Kone Ice Cream Truck**. The evening was a joyful celebration of Hopewell's progress and success in building an effective therapeutic farm community.



Jim Bennett, Chloe Seelbach, Suzanne Morgan and Barney Kemter



Eagerly waiting for dessert

VISITING ARTISTS

Hopewell's Art Therapy program immerses residents in a creative world that helps build independence, problem solving skills and coping techniques. The Visiting Artist Program allows artists to share their trade and knowledge with the community.

Clare Murray Adams, from Southington, Ohio, received a BFA from Kent State University and an MFA from Vermont College. Her work is centered in mixed media collage and in encaustic painting. Clare uses found objects and clothing as vehicles for the content of her work, allowing her to comment on emotional human qualities and feminist issues. The residents explored eco-dying using natural foliage they found while wandering the farm. Their mixed media collages were on wood utilizing the eco-prints and other materials.



"It was a neat process, trying to figure out how everything worked together. I liked that because I was able to be creative and able to make a reflection of myself to share with others."

– CHARLES

Ryan Osborne, a ceramic artist, is a native of Kingsport, Tennessee, a small town near the Great Smoky Mountains. He grew up attracted to the natural world around him; whether it was the rolling hills, mountains, lakes, or rivers, he was always out exploring. His sculptures are based around form, spontaneity, and working intuitively. He showed the residents how to make pieces using coil-building. The pottery was then fired using a barrel-firing technique, one of the oldest and most primitive ways to finish pieces.

"I had stayed up late the night before looking at primitive pottery, so the firing really resonated with me. It was really neat to see how it all actually works."

– MIKE



Liza Rifkin, a Cleveland based jewelry artist, returned for her third year to lead a workshop on metalsmithing. Deeply moved by Mother Nature's ephemeral beauty, the work is driven by the act of taking notice. Casting natural objects in solid metal, Liza captures their essence and beauty at the moment they are most fragile, creating an object that will last a lifetime. The residents found items on the Hopewell grounds and cast them in bronze, learning how to create jewelry using metal soldering and gemstones.

"It was really hard and frustrating trying to put everything together, but I was very patient, and we learned a lot. The piece I made... I wear all the time now!"

– A RESIDENT



CREATIVITY AT HOPEWELL



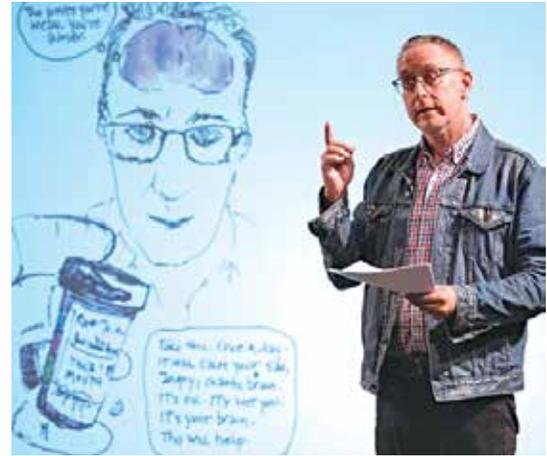
Mary Cassidy organizes Hopewell's Art Therapy Program. "I explain it to folks as having a conversation with your subconsciousness or your unconsciousness," Cassidy said. "It gives you an ability to learn a little bit more about yourself, build insight into things that are happening while you're in recovery, and deal with this challenging healing journey."

EXPLORING MENTAL HEALTH 2019

The Healing Power of the Creative Arts



On Tuesday, October 29, Hopewell presented the Ninth Annual David Cutler Conservatory Exploring Mental Health Series. Sponsored by **Alexander (Sandy) and Sally Cutler** in honor of their son, the series addresses timely topics to increase public awareness of mental illness. This year's theme was "The Healing Power of the Creative Arts." Nearly one hundred friends of Hopewell gathered at the Playhouse Square studios of ideastream® for an informative and entertaining presentation by **William J. Doan, Ph.D.**, and Hopewell clinician and art therapist **Mary Cassidy**.



After a cocktail reception, guests were ushered into ideastream's Westfield™ Theatre at the Idea Center®. Hopewell board chair **Chloe Rankin Seelbach** began the evening by thanking the Cutlers for their continued generosity in sponsoring the event.

WVIZ president and chief executive officer **Kevin Martin** welcomed

the crowd. Martin recalled that a group of ideastream leadership toured Hopewell earlier in the year and were greatly impressed by the facilities and program. "The work you are doing is very, very important," Martin said, paying tribute to Hopewell's founder, **Clara T. Rankin**.

Hopewell executive director **Jim Bennett** spoke briefly about our approach to treating mental illness. "Everyone here has been touched in some way by mental illness," Bennett said. "We are all in this together." He described how Hopewell is working to increase access to its unique healing model, for example through expanding our fee assistance program and by seeking partners to help our residents with transitional services.

Hopewell director of development **Don Bernardo** introduced Dr. Doan, a professor of theatre in the College of Arts and Architecture at Penn State University. He was named Penn State Laureate for the 2019–20 academic year, during which he is exploring the intersections of art, science and health through interactive experiences that address living with anxiety and depression. In addition to articles in scholarly journals, Doan co-authored three books and several plays. He has presented solo performance projects at a variety of venues across the United States and abroad, as well as off-Broadway.

At Exploring Mental Health, Doan shared his experiences through a series of vivid and personal drawings which he combines with an intimate, informative and entertaining narrative. He captivated the audience with excerpts from his current performance piece, "The Anxiety Project," which received a standing ovation. Hopewell art therapist **Mary Cassidy** discussed Hopewell's approach to art therapy and the ways it helps our residents, and people with mental illness in general. The pair took questions from the audience before returning to the reception room for coffee and dessert.



HONORARY AND MEMORIAL GIFTS

AUGUST 1 – OCTOBER 31, 2019

IN HONOR OF

Sally and Sandy Cutler
Jay and Janet Auwerter

Clara T. Rankin
Peter and Frances Buttenheim
Anne Reese

IN MEMORY OF

**Mrs. Hugh Calkins, Mrs. Lawrence Groves,
Mrs. John Hadden, Henry Hawley, and
Dr. Clyde Nash**
Clara T. Rankin

David Cutler
Lorelei Hertvik

RECENT FOUNDATION GRANTS

- The George W. Codrington Charitable Foundation
- The Louise H. and David S. Ingalls Foundation
- The Kelvin and Eleanor Smith Foundation

We apologize for any errors or omissions. Please email akatzman@hopewell.cc or contact the Development Office (440.247.0912) so that we may correct our records.

FROM THE WISHING WELL

HIGHEST PRIORITY NEED

Currently all staff use computers that were donated or handed down. New desktop models are sorely needed. Through our IT provider, Ashton Technology Solutions, we may purchase desktops for approximately \$1100 with set-up and installation. For more information, please contact Lynn Childers, Chief Financial Officer (lchilders@hopewell.cc or 440.426.2089).

ON HOPEWELL'S AMAZON.COM WISH LIST

- Four 48" smart TVs (or larger) for residential cottages and main house (\$525 each)
- LED Projector for movie nights (\$269)

OTHER WISHES

- Tickets for December 27 outing to Trans-Siberian Orchestra at Rocket Mortgage Fieldhouse.
- Trailer to haul farm animals (12 feet long)
- Off-road utility vehicle for hauling – new or used in good condition. Contact Jack Childers for more information (jchilders@hopewell.cc).
- Magimix 16-cup Food Processor CS5200 XL (\$499 on williamsonoma.com)

THANK YOU

Stuart and Beverly Eisner – Keurig and supply of K-cups

Richard and Kathleen Goldman – Phonic Powerpod PA and speakers

Donations of gifts-in-kind are tax deductible to the extent allowed by law. Donors will receive written acknowledgments for their records. For more information, please contact the Development Office (440.247.0912 or akatzman@hopewell.cc).

“Hopewell has not only provided our family peace of mind when we think of our brother’s daily life, it has also given us back our son and brother, a happy man proud to share his experiences with us.”

– A grateful family member



Our Team, Our Passions

Chris Goodall, LISW-S, recently joined Hopewell as **Director of Outreach**. She worked for Hopewell 2007- 2010 as Clinical Director and is pleased to share her interests with the community once again.

After leaving Hopewell, Chris worked at Louis Stokes Cleveland VA Medical Center, helping veterans with serious mental illness in an outpatient setting. Drawing from



her love of horses, she started an equine-facilitated psychotherapy program in cooperation with a local therapeutic riding center that showed positive outcomes for veterans who partnered with horses, specifically in developing hope and decreasing symptoms of PTSD.

Chris has been riding horses for over 30 years and currently enjoys driving her miniature horse. She is a senior faculty member for the HERD (Human-Equine Relational Development) Institute, training other practitioners and equine professionals that want to partner with horses.

As an adjunct faculty member for Lake Erie College, Chris lectures on equine facilitated psychotherapy and learning. She also helped start In Step With Horses, a non-profit in Chagrin Falls which is dedicated to bringing animals and humans together for mental wellness. She is a member of the Professional

Association of Therapeutic Horsemanship International and a certified trauma practitioner through the National Institute for Trauma and Loss in Children.

In her new position, Chris will provide strategic and process management to build relationships with institutional referral sources. Chris hopes to expand her leadership knowledge and share stories of Hopewell with hospitals, social workers and colleges. This year, Chris had the opportunity to train in 'The Daring Way™' and is excited to share the work of Brené Brown with the Hopewell community.

When asked about her favorite Hopewell experience, Chris said, "Every day at Hopewell is a 'best day ever' experience. I love having nature just outside my door and sharing Hopewell's mission with the broader community!"

HOPEWELL HAPPENINGS

The wind and cold weather did not keep staff and residents from trick-or-treating around the farm. Everyone worked together to find costumes, helping each other with make-up and whimsical hair. Staff was stationed at many different buildings, offering healthy Halloween treats and festive comradery.



HOPWELL COMPASS POINTS

Hopewell
9637 State Route 534
Middlefield, OH 44062
www.hopewellcommunity.org

Hopewell provides an opportunity for adults with serious mental illness to experience a self-reliant and satisfying life through participation in a vibrant residential therapeutic farm community.

DISCOVER MORE

about Hopewell's unique program and mental health services

Facebook: <https://www.facebook.com/Hopewelltc>

Twitter: @Hopewellfarm

Instagram: @hopewellfarm

Blog: www.hopewellcommunity.org/blog

Save the Date: Summer Solstice – June 19, 2020

Moving, downsizing or simply changing your home's décor? Please keep Hopewell in mind as we prepare for next year's Summer Solstice benefit. Your donations will help continue the tradition of our unique auction at this summer celebration.

Our wish list includes:

- Artwork and antiques in excellent condition
- Furniture, rugs, china and crystal
- Handmade items including quilts and wooden furniture
- High-end jewelry, costume jewelry, chic handbags and vintage couture
- New sports equipment
- Wine, top-shelf whiskey and bourbon

We also appreciate “non-collectibles” such as:

- Unique experiences locally and nationally, e.g., behind the scenes at a cultural institution or professional athletic facility, cooking with a chef, wine tasting in California
- Use of a vacation home or condo
- Tickets to sporting events
- Gift cards to restaurants, spas and retail stores



It is never too early to donate! Donors will receive a letter of acknowledgement for tax purposes.

Call our Development Office at 440.247.0912 or email Ann Thompson at athompson@hopewell.cc.