Gratitude

Emily experienced bouts of depression throughout high school, moving in and out of numerous facilities. She started college but was soon hospitalized and left after a few months. In October 2015, Emily found Hopewell.

Emily was drawn to Hopewell because of the farm environment and community involvement. She loved wandering with the horses, making it a priority to visit them daily. The art room was a favorite venue where she experienced creative ways to manage her feelings and settle her emotions.

Emily’s “best day ever” was when she and another resident roamed the grounds, found an old yellow swing behind some brush and hung it on a tree branch. Whenever Emily was in need of respite, she found herself on that swing, contemplating her world.

Looking back on her months at Hopewell, Emily loved being part of a community. Emily said, “Group centering made me feel like we were all in this together.”

After leaving Hopewell, Emily was stable for four months. She then went off her medication and relocated to Texas. The transition was not favorable so Emily moved back home and in March 2018, gave birth to her daughter Natalie.

Emily recently wrote a note to Hopewell’s Clinical Director, Daniel Horne, PCC-S, LSW, offering her thanks and appreciation. She currently works at a learning center in New Jersey, supervising an after school program for elementary school students. Natalie attends the preschool where Emily works, allowing mother and daughter to see each other throughout the day. Emily is thankful for her time at Hopewell.

Hi Daniel! It's Emily, I just wanted to check in with you and say thank you so much for everything you've done for me and for taking me in when I was lost and alone. I've been on my meds since December 2017 and have made so much progress. I had my baby girl in March and have held down a full time job since April! I recently put down a deposit on my first apartment for my daughter and me and am saving to buy a car and go back to school. I am on really good terms with my parents and they both love Natalie. Things can get better with hard work and I'm grateful to say that you helped me through the worst times of my life. Thank you again! – Emily
Dr. Paul Keck Visits Hopewell

by Don Bernardo, Director of Development

In early November, members of Hopewell’s board, staff leadership and clinical teams welcomed Paul E. Keck, Jr., MD, President and Chief Executive Officer of the Lindner Center of HOPE. Located near Cincinnati, the Lindner Center is a comprehensive mental health center providing patient-centered, scientifically-advanced care for individuals suffering with mental illness.

Dr. Keck, the seventh-most cited scientist in the fields of psychiatry and psychology, also serves as Executive Vice Chair of the Department of Psychiatry and Behavioral Neuroscience at the University of Cincinnati College of Medicine. He has authored over 525 scientific papers in leading medical journals and has contributed over 170 reviews and chapters to major psychiatric textbooks.

The purpose of Dr. Keck’s visit was to assess the breadth and depth of Hopewell’s individual therapies and clinical offerings, and offer recommendations.

During his visit, which he called “an enlightening and inspiring experience,” Dr. Keck was struck by the palpable sense of community at Hopewell. He was deeply impressed with the capabilities of Hopewell’s clinical team, while providing a number of practical suggestions on how to strengthen Hopewell’s clinical program and service to our residents. Dr. Keck also made recommendations on how Hopewell can better measure and demonstrate the effectiveness of our clinical methods for people with serious mental illness.

Dr. Keck’s work coincides with Hopewell’s commitment to continuous improvement, and in particular the organization’s current strategic planning process, which includes strengthening key elements of the community’s therapeutic program as a strategic priority. Other priorities include building a stronger economic structure by increasing earned and contributed revenue, and improving Hopewell’s physical facilities.

SUPPORT HOPEWELL EVERY TIME YOU SHOP WITH AMAZON!

Hopewell is a registered AmazonSmile organization. This is a simple and automatic way for you to support Hopewell every time you shop on-line. Simply visit smile.amazon.com and choose “Hopewell Inn” as your charity. The AmazonSmile Foundation will donate .5% of the purchase price from your eligible AmazonSmile purchases. Happy shopping this holiday season!
HONORARY AND MEMORIAL GIFTS
AUGUST 1 – OCTOBER 31, 2018

IN HONOR OF
Lynn Childers’ Birthday
Amber Barrickman
Ryanne Beach
Karen Beran
Carol Evans
Cindy Klecha

The Cutler Family
Jay and Janet AuWerter

Connie Hecker’s Birthday
Kathleen Dolan
Donna Donald
Connie Hecker
Audrey Kramer

Clara T. Rankin
Henri P. Junod, Jr.
William H. Childs Jr. and Associates, Architects / Planners

IN MEMORY OF
David Cutler
Tamara and Stephen Simone

2018 ANNUAL APPEAL
AmazonSmile
William and Patricia Butler
Peter and Joanna Carfagna
William and Mary Conway
Sally Futrell and Thomas Reid
Jennifer Garfield
Barbara Hartford
Henry H. Hawley and George S. Vassos
Richard Kawalek
Linda Kelly
Knights of Columbus Council #5589

Lawrence and Barbara Kronick
Carolyn and Arthur J. Lafave, Jr.
Lemon Falls
Susan and Todd Locke
Network for Good
Robert Oldenburg
Tony Oliverio
Paul and Connie Omelsky

SUMMER SOLSTICE 2018
Lubrizol Foundation

BUILDING EXCELLENCE
Susan and Todd Locke
Suzanne Morgan

THE DAVID CUTLER CONSERVATORY 2018
EXPLORING MENTAL HEALTH SERIES
Bruce and Barbara Akers
Geoffrey and Helen Greenleaf
Bill and Connie Hawke
Susan and Todd Locke
Mr. and Mrs. August A. Napoli, Jr.
Clara T. Rankin
Roger F. and Alison A. Rankin
Donna and James S. Reid
Robert and Margo Roth
Daniel E. Schweid, MD and Carol Lee K. Lesyk, Ph.D.
Chloe and Scott Seelbach
Mark Teague and Anne Marie Kollander
Todd Welki
Suzanne and Paul F. Westlake, Jr.
William Wortzman
Uday and Anuradha Yadav

We apologize for any errors or omissions. Please contact the Development office at 440.247.0912 so that we may correct our records.

December 31 is coming, and with it the end of Hopewell’s Annual Appeal and the 2018 tax year. Maximize your tax advantages with a gift of appreciated stocks or a distribution from your IRA.

Consider making a matching gift through your employer.

For more information, contact:
Don Bernardo
Director of Development
dbernardo@hopewell.cc
440.247.0912 ext. 206

Autumn showing her colors around Hopewell’s David Cutler Conservatory
Hopewell received a Three-Year Accreditation from CARF, the Commission on Accreditation of Rehabilitation Facilities. Hopewell’s Quality Improvement & Compliance Director Candice Carlton, MSW, LISW-S, oversees that Hopewell is following the CARF standards. She said, “Hopewell is the only therapeutic community farm in the country with a Three-Year Accreditation for Therapeutic Communities for adults with mental illness.”

CARF is an independent, nonprofit accredits of health and human services, enhancing the lives of persons served worldwide. The accreditation process applies CARF’s internationally recognized standards during an on-site survey conducted by peer surveyors. This accreditation distinguishes Hopewell service delivery and signals to the public that Hopewell is committed to continuous performance improvement and accountable to the community and its other stakeholders.
EXPLORING MENTAL HEALTH 2018
“Public Perception of Mental Illness and Violence”

On Wednesday, October 10, Hopewell presented the 8th annual David Cutler Conservatory Exploring Mental Health Series at the Cleveland Racquet Club. Sponsored by Alexander (Sandy) and Sally Cutler in honor of their son, the series addresses timely topics to increase public awareness of mental illness. This year’s speaker was Dr. Phillip J. Resnick, a professor of psychiatry and Director of Forensic Psychology at Case School of Medicine.

Dr. Resnick was introduced by Board President Chloe Rankin Seelbach who extended her thanks to the Cutlers for their generous support as well as the Board of Directors and Hopewell founder, Clara T. Rankin.

Dr. Resnick explained there is a relationship between violence and mental illness. In the face of violent crimes and tragedies such as mass shootings, the media is often quick to label suspects as mentally ill. He pointed out people with mental illness are responsible for only three to five percent of crimes and it is more likely that they will be victims rather than perpetrators. He then involved the audience in discussions which illuminated some of the difficulties psychologists face when assessing violent crimes carried out by people with mental illness.

Despite the continuing stigma and the popular association between violence and mental illness, there is hope. Treatment can drastically reduce the number of violent acts. Advocates for people with mental illness are pushing for increased education and more sensitivity in addressing mental illness in the media. Dr. Resnick stressed that more treatment options must be made available for those who do not pose serious risk to themselves or others.

After Dr. Resnick’s presentation, Hopewell clinician and admissions counselor Laura Scarnecchia, LPC, connected this topic back to our residents. Laura said, “Hopewell does not exist in a bubble. Our residents want to be advocates for mental health but are afraid the public will judge them.” Through programs such as Exploring Mental Health, Hopewell educates our community to reduce stigma and explore the myths and realities of living with mental illness.

To increase awareness and understanding among law enforcement officers, Hopewell has recently become involved in a program to train them in crisis intervention. Please see the article on page 4.

Clara T. Rankin and Dr. Phillip Resnick

Dr. Phillip J. Resnick

Chloe Rankin Seelbach

Laura Scarnecchia

Mary Cassidy, Hopewell Clinician and Art Therapist, and Laura Scarnecchia
Save the Date:
Summer Solstice – June 14, 2019

Moving, downsizing or simply changing your home’s décor? Please keep Hopewell in mind as we prepare for next year’s Summer Solstice benefit. Your donations will help continue the tradition of our unique auction at this summer celebration.

Our wish list includes:
- Artwork and antiques in excellent condition
- Furniture, rugs, china and crystal
- Handmade items including quilts and wooden furniture
- High-end jewelry, costume jewelry, chic handbags and vintage couture
- New sports equipment
- Wine, top-shelf whiskey and bourbon

We also appreciate “non-collectibles” such as:
- Unique experiences locally and nationally, e.g., behind the scenes at a cultural institution or professional athletic facility, cooking with a chef, wine tasting in California
- Use of a vacation home or condo
- Tickets to sporting events
- Gift cards to restaurants, spas and retail stores

It is never too early to donate! Donors will receive a letter of acknowledgement for tax purposes.

Call our Development Office at 440.247.0912 or email Ann Thompson at athompson@hopewell.cc.

From the Wishing Well

We appreciate non-monetary gifts-in-kind which enhance our activities and programs. Can you grant one of these wishes?

HIGHEST PRIORITY NEED:
Lenovo Computers - Available at Special Discount
Currently all staff use computers that were donated or handed down from another employee. Some of them are very outdated.

Through a partnership with TechSoup, Hopewell has access to great discounts on technology. Your donation of a Lenovo desktop computer will be most appreciated! For more information, please contact Lynn Childers, Chief Financial Officer (lchilders@hopewell.cc or 440.426.2089).

ON HOPEWELL’S AMAZON WISH LIST
Check out our Amazon Wish List at www.hopewellcommunity.org/support-us/wishing-well. Purchases will be shipped directly to the farm. It’s quick and convenient!
- Janome quilting and sewing machine
- Ice cream maker
- 2 Vizio 48" TVs for cottages
- Display case for Farm & Craft Market

MISCELLANEOUS WISHES
- Cordless high quality outdoor tools for Hopewell work crews, such as hedge trimmers, leaf blowers, and weed whackers.
- A Yamaha acoustic guitar ($130) and a Phonic Powerpod 780/5715 PA System ($399) for the Hopewell Band and Experiential Music program. Prices are from MusiciansFriend.com.
- Avamix 10” Variable Speed Medium Duty Immersion Blender ($150 on webstaurantstore.com)
- Stock trailer (12 feet)
- Magimix 16-cup Food Processor CS5200 XL ($499 on williamsonoma.com)
- Walmart gift cards to purchase outdoor seating

Donations of gifts-in-kind are tax deductible to the extent allowed by law. Donors will receive written acknowledgments for their records. For more information, please contact the Development Office (akatzman@hopewell.cc or 440.247.0912).

THANK YOU
Lynn Cameron for donating a Yamaha portable electronic keyboard, stand, and music books. Residents use the keyboard in morning jam sessions and in the Musical Journey Group.
Our Team, Our Passions

Meet Matt Kalas, Hopewell’s new farm manager, who joined our staff in August. You could say that farming is in his blood.

“I grew up on a dairy farm with 125 cows in North Bloomfield,” said Matt. “Now that my dad has retired from farming, my two brothers and I grow corn, soy, and wheat. We’ve got 300 acres, about half of which is used for hunting and fishing.”

After 22 years at KraftMaid, Matt was looking for a change and a new challenge. He has immersed himself in learning all aspects of the farm and the Hopewell community. As part of the treatment program, resident work crews assume the major responsibilities for daily operations. “What’s new for me is putting the residents’ needs at the forefront of decision making. If they don’t benefit from something we’re doing on the farm, we may have to do things differently. We really want residents to be more involved in work crews, but the most important thing is to enjoy what they’re doing.”

Residents enjoy working with baby animals, but they know that they are not pets. Some are raised for food, such as our Belted Galloway cows, which have been iconic at Hopewell. But according to Matt, Belted Galloway are slow to mature and their meat is not as flavorful. Over time we will substitute Angus beef cattle to provide better quality meat.

Matt also oversees the gardens, which provide produce for the Hopewell kitchen. Residents enjoy working together in the gardens, harvesting and using the vegetables. Expanded gardens and more types of produce are planned for the spring.

Maple sugaring, a favorite winter activity, will continue. “We have a great sugar house and we will still produce Hopewell’s famous maple syrup, just on a smaller scale. It will be for sale to the public at the Hopewell Farm and Craft Market,” said Matt.

Matt is very pleased that he joined the Hopewell staff. “All day, I get to do what I love – farming – and working with residents is new for me. I am impressed with how they want to learn and how much they enjoy working as a team.” At the end of a long hard day, you would think it’s time for a nap, but not for Matt. He goes home to his family, second job and first love... working on his family farm.

Thanks, Matt, for joining our team and bringing your passion and inspiration to Hopewell.
Dear Friends of Hopewell,

By now, you have received our year-end Annual Fund appeal. If you have made a gift, thank you. Your support helps nourish the spirits and heal the minds of Hopewell residents. If you are considering making a gift, visit us at www.hopewellcommunity.org/support-us/donate.

Your donation allows Hopewell to provide fee assistance to a majority of our residents' families who otherwise would not be able to afford and experience our proven holistic model of mental health care.

Our board, staff, residents and their families deeply appreciate your generosity. Thank you for investing in the healing power of nature, community and meaningful work.

Corporate matching gifts are charitable giving programs in which a company matches donations made by employees to eligible nonprofit organizations. Often, retirees may take part in these programs as well. Ask if your employer has a corporate matching gift program. You may be able to double your donation to Hopewell this year-end.