How the Farm Supports Recovery

*Summer Solstice raises funds for farm projects*

Each year during Hopewell’s annual Summer Solstice benefit, generous guests “raise their paddles” to help Hopewell further its mission of helping people with serious illness find hope and healing.

This year’s funding is earmarked for much-needed farm improvements.

Key to recovery at Hopewell is the work of the farm. From animal care to the vegetable garden to maintaining pastures, residents are involved in all aspects of farm life. This meaningful work builds confidence and connects people to each other and to the earth.

According to Joel, a Hopewell resident, working hard is healing for him. “Taking on a project at the farm is like meditating to me,” he says. “I focus on what I’m doing, and when I’m done I have such a different outlook. It’s a huge stress reliever.”

When you have more than 300 acres and 50-plus animals to care for, there is never a shortage for something to do. Every morning, residents and staff head off to work.

CONTINUED ON PAGE 3
Our Summer Solstice Community

AT HOPEWELL, WE COME TOGETHER TO PLAN OUR DAY, WORK, EAT AND LEARN.

You probably do the same with your family, friends and colleagues. Being a part of a community is part of everyday life, but that doesn’t mean that it is easy for someone with a severe mental illness.

Before finding Hopewell, many of our residents lived in isolation. They were trapped by their disease, unable to make friends or trust family members. At Hopewell they have the time, space and support to learn that togetherness is a good thing. There is strength and healing in it.

On Friday, June 22nd, we hope you will join our community as a guest at our annual special event, the Summer Solstice.

I look forward to seeing you all on the 22nd. Thank you.

Richard R. Karges
Executive Director

This year, we’re raising funds to support several much-needed farm improvements. The farm is one of the most important aspects of recovery at Hopewell. People come together to care for animals and the land and in doing so, work for a larger cause – the good of the community.

Your presence at the Summer Solstice accomplishes a similar purpose – joining together for the larger cause of helping people with a serious mental illness. To those of you who return every year to celebrate with us – thank you! Your friendship is very meaningful to us. To those of you new to this wonderful party – welcome! You’re in for a treat.

On Friday, June 22nd, we hope you will join our community as a guest at our annual special event, the Summer Solstice.

I look forward to seeing you all on the 22nd. Thank you.

Richard R. Karges
Executive Director

By Rick Karges, Executive Director

BOARD OF DIRECTORS
Kathryn L. Makley
Chairman
L. Douglas Lenkoski, MD
Vice President

ALBERT S. KANTRA
ELIZABETH KELLEY
HARVEY KOTLER
SUSAN S. LOCKE, MD
JEFFREY R. NICOLOSI
ROGER F. RANKIN
DANIEL E. SCHWEID, MD
PHILIP WASSERSTROM
HONORARY DIRECTORS
HERBERT Y. MELZER, MD
PEG MORGAN
DONNA S. REID

COUNCIL OF ADVISORS
JENIFER GARFIELD
SALLY HENKEL
EDITH F. HIRSCH
MICHAEL J. HORVITZ

Toby Devan Lewis
John C. Morley
Robert J. Roth, RPH
Gretchen Smith
Cynthia S. Vrabel, MD
Mark J. Warren, MD, MPH
Margaret S. Wheeler

EXECUTIVE DIRECTOR
Richard R. Karges, LISW-S, ACSW

COMPASS POINTS IS A QUARTERLY PUBLICATION FOR THE FRIENDS AND DONORS OF HOPEWELL.
Leslie Mapes, Editor
Annie Beck, Writer
9637 State Route 534, P.O. Box 193
Mesopotamia, OH 44439
440.693.4074
440.247.0912 Development Office
www.hopewell.cc

DONATE ONLINE
Your support helps nourish the spirits and heal the minds of Hopewell residents. To make your donation, please visit www.hopewell.cc, write the Development office at 139 Bell Street, Chagrin Falls, OH 44022 or call 440.247.0912.

Thank you!

FOLLOW HOPEWELL ON FACEBOOK AND TWITTER!
Stay up-to-date on Hopewell doings and mental health information.
• Like us on Facebook at www.facebook.com/hopewelltc
• Follow us on Twitter at www.twitter.com/hopewellFarm
• Visit the blog on our website www.hopewell.cc

You will discover more about our unique program, mental health advocacy and how Hopewell is making a difference today.

2 WWW.HOPEWELL.CC
Summer Solstice Auction
Let the Bidding Begin!

LA DOLCE VITA: Ciao Bella!
Four guests will bask under the Tuscan sun for a week in a two-bedroom recently restored villa with its own pool and terrace. Situated in Londa, just 35 minutes by train from Florence, day trips to towns like Lucca, Siena and Bologna are within an hour’s drive. Package includes a $1,000 travel voucher. www.tuscanyvillas.com Thanks to Mary Jo and Joe Zingale and Hopewell’s Board and Advisors.

Final Round Masters Tickets
Mercedes-Benz will host two guests at the final round of The Masters in April 2013. Green jacket optional! Enjoy a $1,000 travel voucher and chauffeured airport car service in Cleveland. Thanks to the Penske Cleveland Dealers – Jed Hunter and Time Warner Cable Media.

AN ANTIQUE ADVENTURE
Take a trip back in time with this private tour for 6 of the Crawford Auto Aviation Collection’s storage and preservation facility in Macedonia. This package includes lunch and an hour-long scenic ride in three of the Crawford Collection’s antique vehicles. Thanks to the Western Reserve Historical Society.

Escape to Maine
Wake up to the sound and smell of the Atlantic Ocean and endless views over Maine’s rugged coastline in this beautiful four-bedroom, three-bathroom luxury home. With breathtaking views of Casco Bay, enjoy the gourmet kitchen, luxury master bedroom and ocean-side hot tub. Perfect for several couples or a family gathering. www.mainerentals.com, look for Camp Run-a-Muck. Thanks to Peter Garrett and Ken Crear.

EXPRESS YOURSELF!
You and your lucky star will have a holiday at Madonna’s November 10th Q concert. Experience a Porsche Panamera for the weekend as you celebrate Madonna’s first Cleveland show in 20 years. Thanks to Penske Automotive Cleveland – Jed Hunter.

Cleveland’s Own Secret Garden
Four guests will enjoy a private tour of Clara Rankin’s garden designed and planted in 1920 by renowned landscape artist Ellen Biddle Shipman. After your garden promenade, delight in a rustic Italian dinner at nearby Flour. Thanks to Clara Rankin.

ONE-OF-A-KIND POTTING SHED
This gorgeous hand-painted 6’ x 3’ cedar potting shed is outfitted with matching flower pots and must-have garden tools. Its beautiful color and floral designs will complement any landscape. Thanks to Chestnut Hill Realty and April Mapes.

OTHER ITEMS OF INTEREST:
- Lynn Chase Christmas china
- Clara Williams blue topaz bracelet
- A year of concierge medical service from CustomCare MD
- U.S. Open tickets
- Baby grand piano
- Napa Valley winery tours and tastings

How the Farm Supports Recovery
continued from cover

The Crews
The garden crew and their green thumbs sustain the community in many ways. Residents take great pride in growing delicious vegetables and fruits that feed the community. This crew’s wintertime work is making crafts for sale in the Farm & Craft Market.

Taking care of sheep, pigs, chickens, horses and cattle keeps the farm crew busy year-round. There is always an animal to feed or eggs to collect. According to Joel, “Whenever you feel down, spending time with the animals helps. Talking to them, grooming them makes me feel better.”

The maintenance crew is the hard-working group of men and women you will find in the pasture mending fences, clearing trails in the woods or building birdhouses for our bird sanctuary. Their tireless work keeps the farm safe and beautiful.

The Need
Sustaining a working farm, however, is costly. While the day-to-day expenses are absorbed as part of Hopewell’s budget, there are always necessary but unscheduled projects waiting to be completed.

By supporting the 2012 Summer Solstice Fund-a-need, donors will help Hopewell improve one of its most valuable assets. With the money raised, Hopewell will build structures like animal shelters; make barn repairs; and purchase electric fencing, a plow, maple syrup equipment and more.

A well-functioning farm makes residents’ recovery possible. We are thankful for your support.

If you are unable to attend the Summer Solstice but would like to help support our farm project, please call the Development Office at 440.247.0912 or go to www.hopewell.cc/donate and mention Summer Solstice in the Comments area. Thank you!
Hopewell provides an opportunity for adults with serious mental illness to experience a self-reliant and satisfying life through participation in a vibrant residential therapeutic farm community.

Please join us Friday, June 22nd for Hopewell’s Summer Solstice benefit!

THANK YOU TO OUR GENEROUS SPONSORS:

Presenting Sponsor:

Gold Sponsor:

Silver Sponsors: Cedar Brook Financial Partners, The Grima Family, Clara T. Rankin, Mr. and Mrs. Thomas Tormey, Wells Fargo


*This information is current as of June 7th.

Don’t miss this special evening! Please call Hopewell’s Development office at 440.247.0912 or visit www.hopewell.cc/events to reserve your Summer Solstice tickets. RSVP by June 15th.