

HOPEWELL COMPASS POINTS

SUMMER 2025 NEWS for FAMILY and FRIENDS

Jonathan Shares his *Story*

Hello Hopewell Family,

Truly it is an honor to be able to share with you how much Hopewell Therapeutic Farm Community has advanced my life.

First, it is imperative for me to state how blessed I am to have a loving family. Without their support, I likely would never have been able to experience Hopewell.

Today, I understand that I suffer from a co-occurring condition, a mental illness and a substance use disorder. In my early twenties, I observed that when I indulged in substances, I began to experience psychotic symptoms, in the form of hallucinations and delusions. Thankfully, by divine providence, I was led to a recovery program that provided me with the tools to maintain sobriety one day at a time. Since December 14th of 2003, I have been sober from all drugs and alcohol. However, what I have learned is that substance use is just a symptom of a deeper problem.

About eight years ago, I had a significant psychotic episode that convinced me that I had supernatural abilities. I thought I could hear voices through wiretaps and neurologically connect with social networks on the internet. Later, I formed a delusion that my loving father had mob ties and was planning to murder me. Thankfully, I was hospitalized and presented with the

opportunity to receive further treatment at Hopewell.

When I arrived at Hopewell, I was instantly struck by how kindhearted and compassionate everyone was. From the kitchen staff to the psychiatrist, everyone was on the same page, all invested in helping me to get better. Down on the farm, I made friends with other residents. We bonded together over chess games and guitar sessions. We took long hikes in the beautiful woods, gathered in prayer to enhance our spirituality, and competed in pick-up basketball games. For me, it was like I got a second chance to go to college, this time to learn about my mind and how I might overcome my diagnosis.

During mornings, we were able to participate in different work crews. I generally chose farm crew. It seemed like a no brainer because we got to be with the animals while also listening to the best classic rock. Upon one instance, Hopewell staff members gathered with their guitars to perform "Thunderstruck" by AC/DC while I was eating my morning oatmeal. It was electrifying to say the least!

Hearing one of the horse's thunderous gallops on the grounds also impressed me. Though I was intimidated, a resident taught me how to lead a horse around the property. Later in



the season, we all collaborated to make maple syrup and pick apples off the trees for fresh cider. These experiences with nature allowed me a healthy reprieve from my arduous life back in the city.

Having an inclination for the arts, I engaged in both art and music therapy. I painted pictures for other residents and learned rock 'n roll chords in our Musical Journey group. Both the psychiatrist and clinicians were impeccable with their care. In groups, we practiced Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and ecoterapy. Hopewell's psychiatrist helped me to discover a group of medicines that renewed my sense of self.

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COLLEEN WELDER, Chief Executive Officer



Dear Hopewell Community,

Summer is in full swing here at Hopewell, and the energy on the farm is as vibrant as ever. Our residents are spending their days in the gardens, caring for the animals, and fully immersed in the therapeutic routines that make this season so meaningful. It's always incredible to watch the farm come alive – and to see how that rhythm supports healing and growth.

Beyond the farm, our team has been just as active. The clinicians and outreach staff have been attending conferences and trainings, continuing to learn and exchange ideas to strengthen our work. We have also been busy building relationships with leaders across Ohio, advocating for stronger mental health support. This work takes time, but we remain deeply committed to those struggling with their mental health.

In June, we had a wonderful Summer Solstice celebration. Thank you to everyone who came out to support us! Despite a light drizzle, it was a beautiful evening filled with community and purpose. You can read more about the event on page 4, along with the story of our featured speaker, **Jonathan Clemente**, on the cover. Thank you, Jonathan, for having the courage to share your journey with us.

We also held our annual board meeting at the farm in June. We bid farewell to Board Chair, **Dr. David Vincent**, and welcomed **Tom Morley** as our new Board Chair. Dr. Vincent's years of service were celebrated by both staff and board members – we wish him the very best! We are excited to welcome **Tristan Cullis** to our board (see page 3). We are grateful for the leadership and experience our board members bring to our mission.

Looking ahead, we are preparing for our fall event, *Exploring Mental Health*, generously supported by **Sally and Sandy Cutler**. The year's program, on Wednesday, October 8th (see page 3), will focus on substance-induced mental health disorders – a topic that touches so many and deserves thoughtful, informed conversation. We hope you will join us for what promises to be an impactful gathering.

As always, thank you for being a part of the Hopewell community. Your support – whether through attending events, volunteering, donating, or simply cheering us on – means the world.

Kind regards,

Colleen Welder

Colleen Welder, RN-BC, MBA
Chief Executive Officer



View Hopewell's
2024 Annual Report
and 2024 Outcomes Report
at hopewellcommunity.org/news
or scan this QR code.



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Clara T. Rankin

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HOPEWELL

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COMPASS POINTS

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FRIENDS AND DONORS OF HOPEWELL.

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Editor/Writer*

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440-247-0912

hopewellcommunity.org

THE 14TH ANNUAL DAVID CUTLER CONSERVATORY

Exploring Mental Health Series

Substances, Symptoms, and Stigma: A Clinical Discussion on Psychosis and Addiction
Wednesday, October 8, 5:30pm

Join us for an engaging panel that explores the complex relationship between substance use and psychosis. Our experts will discuss how certain substances can trigger psychotic symptoms, the challenges of diagnosis and treatment, and the impact on individuals and their support networks. This session will shed light on both clinical insights and lived experiences, helping to deepen our understanding of this critical mental health issue.

Featured Panel Guests

Dr. David Baron, Medical Director
Yellowbrick Consultation and Treatment Center – Chicago

Dr. Chris Tuell, LPCC-S, LICDC-CS
Clinical Director of Addiction Services,
Lindner Center of HOPE – Cincinnati

Dr. Andrew Hunt, Hopewell Consulting Psychiatrist,
University Hospitals – Cleveland

Sami Petty, MSN, APRN, PMHNP-BC
Hopewell Consulting Nurse Practitioner,
University Hospitals – Cleveland

Moderator

Daniel Horne, LPCC-S, LSW
Hopewell Clinical Director

Hors d'oeuvres and wine reception at 5:30 pm
Program promptly at 6:15 pm

The Chagrin Valley Hunt Club
7620 Old Mill Road, Gates Mills, Ohio
Free Parking Available

Contact Ann Thompson at athompson@hopewell.cc
if you have any questions.

**THE EVENT IS FREE BUT REGISTRATION
IS REQUIRED BEFORE SEPTEMBER 30.**

Visit [hopewellcommunity.org/events/
exploring-mental-health](https://hopewellcommunity.org/events/exploring-mental-health)
or scan the QR code.



Thank you to our sponsors Alexander and Sally Cutler.



TRISTAN CULLIS

WELCOME to *a New Hopewell Board Member*

Tristan Cullis is a Certified Financial Planner who has worked in the financial services industry for 19 years. He has an undergraduate degree in psychology from Southern New Hampshire University, where he received the Distinguished Scholar award. Tristan is excited to be a part of an organization dedicated to providing for the welfare of patients suffering from mental illness. In his free time, he coaches his son's travel basketball team, while acting as an assistant for multiple baseball teams. Tristan and his wife, Katy, are season ticket holders to the Broadway Series at Playhouse Square.

THE 25th Summer SOLSTICE

A Celebration of Community and Compassion

On Friday, June 20, more than 250 friends of Hopewell gathered under the tent at the Chagrin Valley Hunt Club in Gates Mills, Ohio, to celebrate our 25th Summer Solstice. Despite a rainy week leading up to the event, the skies cleared just in time—and guests, some wearing their Wellies, came ready to celebrate in true Hopewell spirit.

We are thrilled to share that **net proceeds from our signature annual fundraiser surpassed \$300,000**, far exceeding our budgeted goal. These funds are vital in helping us provide **fee assistance to over 70% of our residents and families**—many of whom face financial barriers to accessing the care they need.

A heartfelt thank you to **PNC Private Bank Hawthorn**, our Presenting Sponsor for 25 consecutive years of Summer Solstice. Your unwavering support has been instrumental to the event's ongoing success. We are especially grateful to **John Beer, Managing Director of PNC's Cleveland market**, for his outstanding commitment to this meaningful partnership.

The benefit's success would not have been possible without the tireless efforts of our **dedicated Steering Committee**, led by **Event Chair Susan Locke**. We also extend special thanks to **Auction Chair Nancy Abbott**, who coordinated more than 125 generous silent and live auction donations, and to **Décor Chair Emily Westlake**, whose artistic vision brought beauty and warmth to the evening's setting. We are so grateful to our volunteers and Hopewell staff for their behind-the-scenes work.

The evening's most powerful moment came from **Jonathan Clemente**, who courageously shared his mental health journey and the profound role Hopewell



Centerpieces reflected Clara T. Rankin's love for blue hats, herbs, and bird watching.

has played in his healing. His story reminded us all of the deep impact your generosity makes every day.

And finally, the biggest thank you goes to you—our donors and supporters. Your commitment helps adults with serious mental illness live self-reliant, fulfilling lives. Twenty-five years ago, **Clara T. Rankin** opened her apple barns for the first Summer Solstice. Today, we honor her vision and the cherished tradition she began—with gratitude to each of you who continue to make it possible. Thank you for being part of the journey.

A full list of sponsors and Summer Solstice photos can be found on our website or scan the QR code.
[Hopewellcommunity.org/events/summer-solstice-2025](https://hopewellcommunity.org/events/summer-solstice-2025)



Thank you to the following for your In-Kind Donations to Summer Solstice:

- Academy Graphic Communication, Inc.
- Good Nature Organic Lawn Care
- Hughie's Event Production Services
- L'Nique Specialty Linen
- Petitti Garden Centers

PHOTOS COURTESY OF DAVID PETKIEWICZ



Joe Scaminace raises his paddle for an item.

See You Next Year!

June 26, 2026

THE CHAGRIN VALLEY HUNT CLUB, GATES MILLS, OHIO

Josie Anderson and Marianne Bernadotte wearing their blue hats in memory of Clara Rankin.



Guest rejoice over winning a live auction item.



Over 125 auction items were scattered throughout the Hunt Club's patio.



CEO Colleen Welder welcomes speaker Jonathan Clemente.



CEO Colleen Welder, Todd Locke, and Event Chair Susan Locke.



Board Chair Tom Morley welcomes Summer Solstice guests.

Thank you, Eleanor!

ELEANOR BEARD



Producing Summer Solstice takes months of planning, an active Steering Committee, and over a dozen volunteers—truly, it takes a village, as they say. Meet **Eleanor Beard**, Development Summer Intern, the newest member of that village.

A 2024 graduate of Beaumont School and a rising sophomore at The Ohio State University, Eleanor is majoring in marketing at the Fisher College of Business. She completed a rigorous studio arts program at Beaumont and has always been interested in art and graphic design. “I don’t have a set-in-stone plan, but I love learning, and I plan on law school after I graduate—perhaps to get involved as a representative for an artist or something in a creative environment,” she said.

Eleanor’s hobbies include playing piano and different types of art such as pen and pencil drawing and watercolors. She played soccer throughout school and loves hot yoga. Watching “a lot” of movies and spending time in nature with friends are two frequent activities.

“Growing up in a large family, with three younger sisters and eleven female cousins, makes me want to work with a collaborative team. I work best with other people where there is great energy in the room, and you can bounce ideas off each other,” she remarked.

Eleanor enjoyed her work in the Development office and found that an important lesson was that she can do something with her life that does not require an economic mission. “I can work in a professional

environment whose goal is helping people. At Summer Solstice, we raised money that will impact many lives. It was very helpful to the community and to the people who will benefit from it.”

She continued, “Working as a team with **Ann Thompson** and **Audrey Katzman**, they gave me guidelines but not rules. I had a lot of leeway to accomplish tasks in a way that made the most sense to me—I really had ownership and the work was fulfilling. I also loved the small staff environment where I wasn’t intimidated to ask for help. It was great to meet and work with the Steering Committee members and volunteers who care so much about the outcome. It was a strong community whose values are overarching to everyone who helped.”

“This was my first internship, and I have started my career with a company with good values and a positive impact on the community. It gave me inspiration that my work can be more than a corporate 9 to 5 job; I can help people.”

Thank you, Eleanor, for everything you did to help make Summer Solstice a true success. We wish you the best in your future endeavors.

Jonathan Shares his Story

CONTINUED FROM PAGE 1

While at Hopewell, I saw a job posting at Catholic Charities expressing their interest in hiring an individual who experienced a mental health or substance use disorder. I was struck because I thought for the first time in my life, I was overqualified for a job! Since 2018, I have been mentoring individuals affected by their first episode of psychosis as a Certified Peer Support Specialist. A year later I was brought on as a consultant at Northeast Ohio Medical University, where I conduct advocacy work and collaborate with other mental health treatment teams throughout Ohio.

In 2022, the Greater Cleveland National Alliance on Mental Illness (NAMI) awarded me with the Scott Adamson Memorial Peer Award, which is bestowed upon an

individual who has mental illness and is also invested in helping others with mental illness. Last summer, I was privileged to come back to Hopewell, albeit this time as a guest, through their visiting artist program. Staff, residents, and I worked together to create original earthworks, abstractions, and *en plein air* landscape paintings.

After about a year away from the farm, my support group encouraged me to start dating again. I was reluctant to do this because I still felt like damaged goods. Eventually, through their encouragement, I persevered and met my beautiful wife, Sherry. When she heard that I had never attended my high school prom, she orchestrated one for me. She arranged for a limousine to transport me to a ballroom where a DJ, photographer,

and my favorite meal awaited. I was endeared and it didn’t take me much longer to decide to propose! Just a couple of months ago we celebrated our first wedding anniversary and bought a home together.

In my work, I often encounter individuals that I wish could experience Hopewell’s miraculous, healing power. It’s a touchstone I will always hold in my heart and paramount asset for our community. Your investment in this vital resource means a tremendous amount to me, my family, and all of us working together to advance the care of those affected by serious mental illness. Thank you again for your generous support of this mission!

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APRIL 16 – JULY 31, 2025

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Please contact the Development Office at 440-247-0912 so that we may correct our records.

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*We appreciate non-monetary gifts-in-kind which
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At Hopewell, we empower individuals to function at their highest level of effectiveness, leading to a more satisfying, self-reliant, and independent life, both during and after their stay.

Using the healing powers of clinical engagement, our therapeutic community, nature, and meaningful work, Hopewell's program transforms the whole person: mind, body, and spirit.

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*Hopewell helps change lives
and heal broken families.*

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FOR ALL YOUR PAST DONATIONS.
YOUR GENEROUS SUPPORT MAKES A
MEANINGFUL DIFFERENCE IN SO MANY LIVES.

*"I am grateful I had the
chance to be at Hopewell.
It was such a blessing for
me, and I hope everyone
with a serious mental health
challenge may have an
opportunity go there."*

—JONATHAN

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