OUR MISSION
Hopewell provides an opportunity for adults with mental illness to experience a self-reliant and satisfying life through participation in a vibrant residential therapeutic farm community.

OUR VISION
We believe that everyone can experience success, find a life of purpose and feel hope.

In 1993, Clara T. Rankin founded Hopewell as Ohio’s only therapeutic farm community for adults with serious mental illness. Funding was raised, a 300-acre farm located in Amish country was purchased, and the new nonprofit organization began the process to secure licensure. On February 3, 1996, the first resident (Hopewell’s term for “residential client”) was admitted.

Hopewell serves adults 18 years of age and older who have a primary diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder, major depression or other forms of mental illness.

Using the healing power of nature, meaningful work and therapeutic community, and with a highly-skilled and caring staff, Hopewell aims to transform the lives of adults dealing with mental illness.

In a safe environment and within an atmosphere of respect and acceptance, residents develop the skills and outlook they need to manage their illness, create new goals and move on to more independent living situations.

(Cover photo: The David Cutler Conservatory)
Twenty-one years after the arrival of its first resident, Hopewell is one of five therapeutic farm communities in the country. Its successful, unique approach to holistic mental health care is based on a combination of:

- a safe, secure and respectful environment;
- the healing power of nature;
- the therapeutic value of meaningful work;
- the concept of “therapeutic community,” in which the community itself is a catalyst for positive change;
- a highly-skilled and caring staff; and
- health care and mental health care best practices.

Hopewell offers a residential program, a daytime transitional program called Club Hope and an adult family home (Lyman House) on Mesopotamia Commons two miles from the farm campus. The residential program and adult family home together serve up to 45 individuals. The average length of stay is four to six months, but many residents benefit from longer stays. Hopewell offers an extended stay program (longer than three years).

Organized in work crews, residents and staff together assume the major responsibilities for the farm’s daily activities. In addition, residents participate every day in creative, social, educational and clinical programming, including group counseling, creative expression, art therapy, equine-assisted learning, meditation and spirituality, music, education (high school diploma or GED preparation), money management, independent living skills and interpersonal relationship skills.

Hopewell is the only residential mental health facility in Ohio that provides this type of treatment-based, community-centered care.

Hopewell is a nonprofit, private-pay facility. Some fee assistance may be available on a case-by-case basis. In certain instances, commercial insurance may be a resource to cover some of the costs of care. Philanthropic funding allows Hopewell to offer reduced fees to approximately 95% of its residents’ families each year.

For information about Hopewell’s admission and referral process, call 440.426.2000, ext. 122, or visit our website at www.hopewellcommunity.org/admissions.
DEAR FRIENDS,

The year 2016 marked the successful passage of H.R. 2646, The Helping Families in Mental Health Crisis Act. It is the most substantive bill in our country’s history to address the growing mental health crisis. It offers the opportunity for individuals and families to have greater access to mental health care. This is something we all can celebrate!

Hopewell’s efforts to further fulfill its mission to provide an opportunity for adults with serious mental illness to experience a self-reliant and satisfying life through participation in a vibrant therapeutic farm community continue in earnest. Delivering mental health care the way it should be is and will continue to be our expectation and our standard level of care.

With this expectation in mind, we saw the completion of our three-year strategic plan (2014-2016) as we began to lay the groundwork for the future. This process helps us to identify additional key initiatives to carry forward in formulating our strategic initiatives for 2017 and beyond.

Our focus on being a provider of choice and adhering to building on best clinical practices has been integral to our success. Furthering our marketing initiatives and enhancing awareness and access to Hopewell’s uniquely effective model of care will continue to be key goals moving forward.

During 2016, we made major strides in securing additional third party insurance reimbursement. We expanded our program options to include additional wellness, nutrition and arts oriented programs. Integral to fulfilling our mission and purpose, as always, was maintaining and upgrading our buildings and grounds to insure the safety, support and comfort of our residents.

The ongoing support from our Board of Directors, volunteers, donors and other friends has made our success possible. Moreover, it has helped make a positive difference in the lives of those we serve.

Thank you for all you do for Hopewell!

Richard R. Karges, LISW-S, ACSW
Executive Director/CEO
June 1, 2017
TO THE HOPEWELL COMMUNITY,

It remains a great privilege and responsibility to serve Hopewell as a volunteer. To witness Hopewell’s vital mission – transforming the lives of its residents and their families – is a reward that far exceeds the associated commitment of time, treasure and talent. I am grateful to Hopewell’s residents, exceptionally caring staff, the Board of Directors and Hopewell’s healing community volunteers, donors and other supporters for the opportunity to be of service. Thank you.

Hopewell is navigating an important and exciting phase of change which can sometimes feel daunting or intimidating, but is absolutely necessary for a healthy organization to grow and improve. Our six strategic goals include:

• completing a robust market validation study,
• implementing impactful direct marketing initiatives,
• developing productive insurance reimbursement,
• expanding effective therapeutic clinical programs,
• improving healing community facilities, and
• executing an orderly Executive Director succession plan.

These goals are being achieved by Hopewell’s skilled and able leadership teams supported by task-specific Board of Directors committees.

I have the distinct satisfaction of being succeeded by an extraordinarily qualified leader who is also the granddaughter of our revered founder, Clara T. Rankin. It has been a true pleasure to work closely with three generations of our founding family over the past several years. Chloe Rankin Seelbach will undoubtedly lead Hopewell to great achievements as the new Board President, and I am looking forward to supporting Chloe and continuing to serve Hopewell.

Sincerely,

Mark W. Teague
Mark W. Teague
Board President
June 1, 2017
2016 HIGHLIGHTS

Throughout the year, Hopewell celebrated its first twenty years of service to adults with mental illness.

FEBRUARY
On February 3, the actual 20th anniversary of the admission of Hopewell's first resident, founder Clara T. Rankin and Executive Director/CEO Rick Karges were interviewed by Christine Cowan-Gascoigne, MBA, MSSA, LISW-S, on her Internet Radio program, The Leadership Hour. Christine is a clinical psychotherapist in private practice and a clinical consultant for Hopewell.

MARCH
In March, Hopewell's new Sugar House was completed in time to be featured on the annual area “Maple Tour” of maple syrup producing facilities. Farm Manager Norman Wengerd, who designed the new Sugar House, provided tours and syrup sampling on Saturdays throughout the month.


APRIL
In April, an Ad Hoc Building Project Committee, led by Hopewell trustee Philip Wasserstrom, began a series of meetings with Paul Westlake, Jr. and his staff at DLR Group/Westlake Reed Leskosky, to further refine details of a major facilities enhancement project. The proposed work will replace existing resident bedrooms, improve nursing and medical areas and provide an indoor recreational/multi-purpose space. The goal is to ensure maximum safety and quality of life for Hopewell’s residents and to maintain Hopewell’s position as a leading residential therapeutic farm community.

MAY
On May 25, Hopewell founder Clara T. Rankin hosted a special reception called “Hors d’oeuvres and Updates” at the Chagrin Valley Hunt Club in honor of Sally Cutler, Honorary Chair for The Campaign for Hopewell – Planting Seeds of Promise, and all the donors to the comprehensive fundraising campaign that raised more than $8 million. Rick Karges also thanked Campaign Chair Susan LaPine and founder Clara T. Rankin for their leadership of the campaign.

• At the reception, Hopewell staff provided information informally, and Research Consultant Sana Loue, JD, PhD, MPH, MSSA, Vice Dean of Faculty Development and Diversity at Case Western Reserve University School of Medicine and Hopewell’s Research Consultant, shared her newest book, Therapeutic Farms: Recovery from Mental Illness, which includes an entire chapter about Hopewell.

• Trustee Philip Wasserstrom, chair of Hopewell’s Buildings and Grounds Committee, presented large-scale renderings prepared by architect Paul Westlake, Jr. and his firm detailing the proposed facilities enhancement project.
• To celebrate the milestone anniversary and chronicle Hopewell’s first twenty years of service to adults with serious mental illness, Hopewell founder Clara T. Rankin commissioned a book. HOPEWELL, A Place of Healing 1996-2016, by Joanne Fenton Humphrey, was published by Windjammer Adventure Publishing. The first copies were given to the guests at the May reception. Copies are available at Appletree Books in Cleveland Heights and on Hopewell’s website.

**JUNE**

At the June 8 Annual Meeting of the Board of Directors, Mrs. Rankin was given a special gift: a painting of an idyllic Hopewell landscape, created collaboratively by residents in the Art Therapy program.

On June 24, the 16th annual Summer Solstice benefit was held on the beautiful Colleran Estate in Hunting Valley (the former Rankin property that has been the venue since the event’s inception). Hawthorn, PNC Family Wealth® was the Presenting Sponsor for the 16th consecutive year. David Legeay, Senior Vice President and Managing Director of the Cleveland market for Hawthorn, announced at the event that Hawthorn will continue its sponsorship for 2017. Mary Joyce served as Event Chair, with Peter Joyce as Master of Ceremonies. Joseph F. Verciglio of BakerHostetler chaired the Corporate Committee. Guest speaker was former resident Cynthia Lauren, whose inspirational remarks helped raise more than $60,000 during the Fund-a-Need portion of the evening. Proceeds from Summer Solstice allow Hopewell to provide fee assistance to residents’ families.

Also in June, an anonymous donor contributed $1 million for Hopewell’s endowment. The decision to make this gift was based on a long friendship with Clara T. Rankin, who said, “A healthy endowment is fundamental to the success of an organization.”

**AUGUST**

At a special meeting of the Board of Directors in August, Hopewell’s trustees voted unanimously to conduct a feasibility study regarding the proposed building project. Gary Weimer, former Senior Vice President of Development for University Hospitals and Senior Director of Development for the Cleveland Clinic, was contracted to conduct the study. Following a report submitted November 1st, the Board instructed the Development Committee to begin initial planning for the project.
OCTOBER

On October 5, the 6th Annual David Cutler Conservatory Exploring Mental Health Series was held at The Cleveland Racquet Club. Entitled “Advancing the Treatment of Mental Illness,” the program included six expert panelists who provided unique responses to two important questions: (1) What is the most critical issue impacting the treatment of mental illness today? (2) What is the most important trend – today or in the near future – in the treatment of mental illness?

- Loree Vick, Manager of Strategic Engagement and Communications for the Summa Health System, served as guest moderator for the panel, which included:
  - Joseph R. Calabrese, MD, Director of the Mood Disorders Program and Director of the Bipolar Disorders Program at University Hospitals Case Medical Center
  - Thom Craig, Director of the Mental Health Program of The Margaret Clark Morgan Foundation
  - William M. Denihan, CEO of the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board of Cuyahoga County
  - Frederick J. Frese, PhD, FAPA, Professor of Psychiatry at Northeast Ohio Medical University
  - Sana Loue, JD, PhD, MPH, MSSA, Hopewell’s Research Consultant
  - Martha Schinagle, MD, Hopewell’s Resident Psychiatrist who practices in the Mood Disorders Program with Dr. Calabrese

In late fall, producers of HBO’s weekly “VICE News Tonight” program spent two full days at Hopewell, interviewing residents and staff. Hopewell was chosen for a special feature after HBO’s review of all the therapeutic farm communities in the country. A documentary was produced, to air in January 2017.

NOVEMBER

In November, the third “Summit” meeting of this country’s five therapeutic healing communities – Cooper-Riis (NC), Gould Farm (MA), Rose Hill Center (MI), Spring Lake Ranch (VT) and Hopewell – was held at the Cooper-Riis estate near Asheville, NC. Board President Mark W. Teague and Executive Director/CEO Rick Karges attended on behalf of Hopewell. Agenda items included succession planning, organizational change management, insurance reimbursement, marketing strategies and the joint Outcomes Study Project, “ARCH,” that was initiated during 2015.

DECEMBER

In December, the Board of Directors hosted a special luncheon retreat at the Shaker Heights Country Club in honor of Hopewell’s Council of Advisors. Participants engaged in lively dialogue regarding key initiatives and issues. Led by Board President Mark W. Teague and Secretary Chloe Rankin Seelbach, the program included input from Jim Bennett, Managing Partner of the Bennett Group, in preparation for a new strategic planning process scheduled to begin in January 2017.

On December 13, 2016, the 21st Century Cures Act was signed into law by President Barack Obama. Incorporated within this legislation was H.R. 2646, the Helping Families in Mental Health Crisis Act initiated by U.S. Representative Tim Murphy (R.-PA-18) in 2015. H.R. 2646 has been called the most transformative mental health law since John F. Kennedy was U.S. President. In response and support, Hopewell produced a media release written jointly by Dr. Fred Frese and Rick Karges.

At its December meeting, the Board of Directors elected Chloe Rankin Seelbach to the newly-created position of President-Elect. Ms. Seelbach will become Board President at the annual meeting in June 2017. Also elected as new trustees at the December meeting were Christopher Brookes, Co-owner of Brookes & Henderson Building Company, and Uday Yadav, Chief Operating Officer - Industrial Sector for Eaton Corporation.
During 2016, Hopewell served 76 residents and their families. The residents came from Alabama, Arizona, California, Connecticut, Delaware, Illinois, Indiana, Maryland, Michigan, Pennsylvania, Rhode Island, Tennessee, Texas and Virginia as well as from Ohio. More than 250 admissions inquiries were received, and 86 comprehensive psychiatric assessments were carried out.

The Center for Evidence-Based Practice (CEBP), a program affiliated with Case Western Reserve University, provided specialized technical assistance and training to Hopewell’s Clinical Team. The focus of the consultation was specifically the delivery of services to dually-diagnosed individuals (i.e., mental health and substance abuse) served at Hopewell. CEBP’s purpose is to identify, promote and track best practice standards in the mental health care field and assist in their application to community settings.

The national evidence-based Zero-Based Suicide training program was launched at Hopewell. A readiness survey was completed, and targeted training methodology areas were defined for implementation in 2017.

The 2015 Outcomes Report was distributed to key stakeholders and licensing/certifying entities. The data consistently demonstrated the efficacy of Hopewell’s treatment model and approach to improving the lives of adults experiencing serious mental health conditions. Research projects were led by Hopewell’s Research Consultant, Dr. Sana Loue, to identify strategies for coping with the symptoms of mental illness and to identify Hopewell program components that are most critical to residents’ improvement of their mental health functioning.

The Program Committee of the Board of Directors, led by Susan Locke, MD, agreed to explore the start-up of an outpatient assessment and evaluation service to meet the needs of an underserved population in Cuyahoga County. An ad hoc committee of trustees, staff and lay professionals was formed to assist in the evaluation of this potential project.

Candace Carlton, MSW, LISW-S, Hopewell’s Quality Improvement and Compliance Director, and Rick Karges jointly submitted a proposal to make a presentation at the March 2017 All-Ohio Conference on Community Psychiatry. Their proposal, entitled “Hopewell: A Therapeutic Farm Community – Model, Methods and Outcomes,” was accepted.
Cleveland native Clara T. (Mrs. Alfred M.) Rankin recognizes the need for a therapeutic farm community in Northeast Ohio.

Hopewell Inn is incorporated as Ohio's only therapeutic farm community for adults with mental illness. The first trustees are Alfred M. Rankin, Clara T. Rankin, Roger F. Rankin and Herbert Y. Meltzer, MD.

The new organization purchases a 300-acre property in Mesopotamia, Ohio. Formerly owned by gentleman farmer Jock Collens, the property had become a bed-and-breakfast called “Truebrook Inn.” The Inn is now Hopewell’s “Main House.”

Cottage 2 is completed, with capacity to house fourteen residents. Resident capacity is 35.

An endowment campaign is initiated.

Bob Sawers is hired as Executive Director (2000-2007).

Hopewell is licensed and certified by the Ohio Department of Mental Health.

The first “Summer Solstice” benefit event is held on the Rankin Estate in Hunting Valley.

Education and diploma programs are initiated.

Richard R. Karges, LISW-S, ACSW, is hired as Executive Director.

“Compass Points” newsletter is created.

The David Cutler Conservatory opens, including a state-of-the-art greenhouse, year-round meditative garden and conference space.

The “Club Hope” transitions program begins.

A herd of Belted Galloway beef cattle arrives.

Two hundred gallons of maple syrup are produced by Hopewell residents and staff.

The Farm & Craft Market opens as the cornerstone of Hopewell’s job-readiness training program.

The first “David Cutler Conservatory Exploring Mental Health Series” is held to promote awareness of mental health care.

Other organizations ask to replicate the “Hopewell Model” of mental health care.

Census reaches capacity and inquiries are received from families in 35 states.

The organization’s name is legally changed from Hopewell Inn to HOPEWELL.

The Extended Stay Program (for residents living at Hopewell longer than three years) is formalized.

Clara T. Rankin receives the first Founder’s Award from The Margaret Clark Morgan Foundation in recognition of her creation of Hopewell.

The Kelvin and Eleanor Smith Foundation’s grants to Hopewell since 1995 exceed a total of $1 million.

The terms of a challenge grant from an anonymous donor are met, increasing Hopewell’s endowment by $1 million.

The Hopewell Band produces its first CD.
<table>
<thead>
<tr>
<th>Year</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>1995</td>
<td>Hopewell's first fundraising campaign provides funds to develop the property into a therapeutic farm community.</td>
</tr>
<tr>
<td>1997</td>
<td>Cottage 1 is constructed to house twelve residents.  &lt;br&gt; A dining room is added to the Main House.</td>
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<tr>
<td>1998</td>
<td>Hopewell is granted permanent 501(c)(3) status as an Ohio nonprofit organization.</td>
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<tr>
<td>2004</td>
<td>An outdoor pavilion for picnics and cook-outs is completed.</td>
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<tr>
<td>2006</td>
<td>Hopewell is the first residential treatment facility to be accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for Therapeutic Community: Adults; the award is the highest-possible three-year accreditation.  &lt;br&gt; An equine-assisted learning program is launched.  &lt;br&gt; Hopewell formalizes its outcomes measurement process to evaluate the effectiveness of the program.</td>
</tr>
<tr>
<td>2012</td>
<td>Hopewell purchases a century home on nearby Mesopotamia Commons.  &lt;br&gt; Martha S. Schinagle, MD, from University Hospitals of Cleveland, is hired as Resident Psychiatrist.  &lt;br&gt; The century home called Lyman House opens as a licensed adult family home where residents may practice the skills of independent living before leaving Hopewell.  &lt;br&gt; An accessibility project is completed, providing paved walkways and lighting throughout the campus.</td>
</tr>
<tr>
<td>2013</td>
<td>Hopewell's first annual Outcomes Report is published.  &lt;br&gt; A research collaboration is established with Case Western Reserve University. Sana Loue, JD, PhD, MPH, MSSA, becomes Hopewell's Research Consultant.</td>
</tr>
<tr>
<td>2015</td>
<td>The first &quot;Therapeutic Community Farm Summit&quot; is convened, including CooperRiis Healing Community (NC), Gould Farm (MA), Rose Hill Center (MI), Spring Lake Ranch (VT) and Hopewell.  &lt;br&gt; Ground is broken for a new state-of-the-art Sugar House on the Hopewell campus.  &lt;br&gt; William Aamoth, a retired business executive working with Business Volunteers Unlimited (BVU), assists Hopewell staff to create a business and marketing plan for the Farm &amp; Craft Market.  &lt;br&gt; A formal Art Therapy program is initiated.  &lt;br&gt; Leadership of The Campaign for Hopewell – <em>Planting Seeds of Promise</em> announces the effort has raised $5 million for the endowment and nearly $2 million for other organizational priorities.  &lt;br&gt; Clara T. Rankin receives a Lifetime Achievement Award from the National Alliance on Mental Illness (NAMI) for her work with Hopewell.  &lt;br&gt; Mrs. Rankin commissions a book to be written about Hopewell's first twenty years of service (with publication expected in 2016).</td>
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REVENUE

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<td>Earned</td>
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<td>Dividends/Interest</td>
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<td>Gains/Losses from Investments</td>
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<td><strong>Total</strong></td>
<td><strong>5,504,461</strong></td>
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*A portion of the contributed income was restricted for the endowment and not available for operating use.*

EXPENSES

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<th>AMOUNT</th>
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<td>Program</td>
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<td>Fundraising</td>
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<tr>
<td>Administration</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>3,857,247</strong></td>
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*Figures above are unaudited.*
THE CLARA T. RANKIN SOCIETY

Donors Whose Cumulative Giving is $25,000+

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* deceased  + Indicates 10 or more years of giving

THANK YOU

“I want to express my heartfelt gratitude for the support everyone has given to Hopewell.”

– Clara T. Rankin

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“When I was five years old, my mother told me that happiness was the key to life. When I went to school, they asked me what I wanted to be when I grew up. I wrote down “happy.” They told me I didn’t understand the assignment. I told them they didn’t understand life.”

– John Lennon
The Gardeners Club
$500 - $999

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The Community Circle
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Mr. and Mrs. Richard Bartekki

“Remember to share the road; navigate life with grace. There is room for everyone.”
– Carol Evans
“Mental illness is not a choice, but recovery is.”
– Unknown
“I wanted a perfect ending. Now I have learned the hard way that some poems don’t rhyme, and some stories don’t have a clear beginning, middle and end. Life is about not knowing, having to change, taking the moment and making the best of it, without knowing what’s going to happen next.”

– Gilda Radner
“The more you praise and celebrate your life, the more there is in life to celebrate.”

– Oprah Winfrey
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– Emily Dickinson

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